

CAFAS® Reliability Training



Adapted from Heidi Wale Knizacky, MS, LLP

Kay Hodges, PhD ©2009

Training Objectives

- Receive most up-to-date info on the CAFAS
- Learn how to use the CAFAS clinically with families
- Learn how to score each subscale of CAFAS which practice quizzes on each subscale
- Complete an evaluation of your reliability ("test" 10 vignettes)
- Reminder: You are being trained as a rater of the CAFAS and not as a trainer for others

What is the CAFAS?

Child and Adolescent Functional Assessment Scale

Why is the CAFAS Used?

- Used with children and youth ages 7-21 (in Michigan) as:
 - Criteria to consider in determining level of care (intensity of services)
 - An outcome measure (pre/post) to aid in tracking progress in treatment
 - Aids managing cases during course of treatment
 - Assessment of strengths and weaknesses for setting treatment goals
 - Used for agency tracking, quality improvement, etc.
 - A common language for treatment collaboration and supervision

Defining Functional Impairment



Behaviors that interfere with healthy development

Symptoms that interfere with healthy development

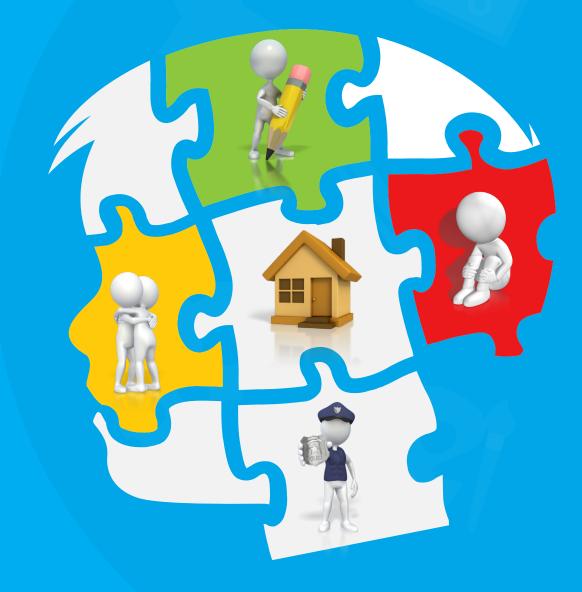
Disruptions of daily life



Areas of Functioning

CAFAS Subscales

- 1 School/Work
- 2 Home
- 3 Community
- 4 Behavior Toward Others
- (5) Moods
- 6 Self-Harm
- 7 Substance Use
- 8 Thinking

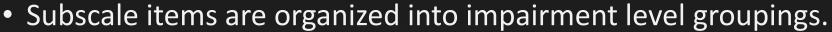


CAFAS Tracks Behavior Across Domains

- Measures impairments that can reasonably be expected to change.
- Assesses needs in ways that can easily be communicated to non-clinicians (e.g. parents, school personnel, other natural and community supports) and understood.
- Multidimensional: Information generated is more useful and credible than global scores.
- Behaviorally more specific than the diagnosis.
 - e.g. Not all kids with ADHD act the same.

Structure

- CAFAS is a list of 200 items describing behaviors that may be observed in children and adolescents.
 - Additional items describe caregiver behaviors and circumstances at home that may impact the youth's development.
- All items are grouped within subscales (domains of functioning).







CAFAS® ITEMS

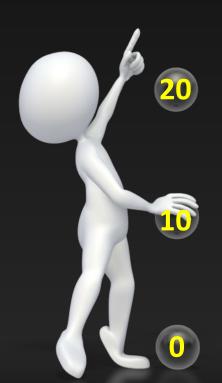
School Home Community	Behavior	Moods	Self-Harm	Sub Use	Thinking	g Caregiver ▶	Add Stre	
Severe Impairment O01 Out of school or job due to behavior that occurred at school or on job during the rating period (e.g., asked to leave or refuses to attend) O02 Expelled or equivalent from school due to behavior (e.g., multiple suspensions, removed from community school, placed in an	Severe Impairment 001 Out of school or job due to behavior that occurred at school or on job during the rating period (e.g., asked to leave or refuses to attend) 002 Expelled or equivalent from school due to behavior (e.g., multiple suspensions, removed from community school, placed in an alternative school) 003 Judged to be a threat to others because of aggressive potential (i.e., resulting from youth's actions or statements); monitoring or supervision needed 004 Harmed or made serious threat to hurt a teacher/peer/co-worker/supervisor 005 Unable to meet minimum requirements for behavior in classroom (either in		t Mi vior 022 N result roup imme bringi es proble youth avoid more 023 Ir result	Mild Impairment O22 Non-compliant behavior results in teacher or immediate supervisor bringing attention to problems or structuring youth's activities so as to avoid predictable difficulties, more than other youth O23 Inappropriate behavior results in teacher or immediate supervisor bringing attention to problems or structuring youth's activities so as to avoid predictable difficulties, more than other youth O24 Occasionally disobeys school rules, with no harm to others or to property, more than other youth O25 Problems in school, including behaviors related to poor attention or high activity level, are present but are not disruptive to the classroom (can be managed		Minimal Or No Impairment 028 Reasonably comfortable and competent in relevant roles 029 Minor problems satisfactorily resolved 030 Functions satisfactorily even with distractions 031 School grades are average or above 032 Schoolwork is commensurate with ability and youth is mentally retarded 033 Schoolwork is commensurate with ability and youth is learning		
 003 Judged to be a threat to others because of aggressive potential (i.e., resulting from youth's actions or statements); monitoring or supervision needed 004 Harmed or made serious threat to hurt a teacher/peer/co-worker/supervisor 005 Unable to meet minimum requirements for behavior in 			roup bringing problems youth avoid more for than of the pole of th					

Rating Procedure

- For each scale, rater reads through the items until description of the youth (during the rating period) is found
 - Interview is in the form of a conversation with the child/youth and family where items can be determined based on questions asked of the family
- Always start at the SEVERE level (30) and work your way down the columns until an item that best fits the child/youth has been identified.
- Rater can go to the next subscale once an item has been identified (and level of impairment determined).
- An item for every subscale must be chosen which will result in a total score
- Refer to Pink CAFAS Rating Form or CAFAS Self-Training Manual for all items;
 items are also listed in the FAS System (as seen on previous slide)

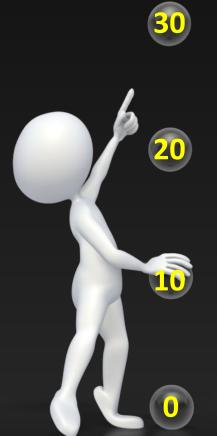


30 Severe Impairment



Moderate Impairment

Mild Impairment



Severe Impairment - Severe Disruption or Incapacitation

Youth is in danger of not being able to remain in natural (unrestricted) environment or may pose an imminent danger to themselves or someone else

Moderate Impairment

Mild Impairment

30 Severe Impairment



20 Moderate Impairment – Major or persistent disruption

10 Mild Impairment

30 Severe Impairment

20 Moderate Impairment

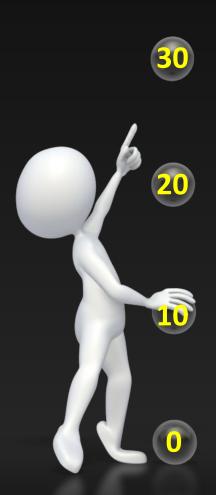
10 Mild Impairment – Significant problems or distress

30 Severe Impairment

20 Moderate Impairment

10 Mild Impairment

Minimal or No Impairment – No disruption in functioning



Although children usually display a variety of behaviors that may differ in severity, the MOST SEVERE behavior within the time period being assessed is what determines the assessment score.









The goal of services is to assist the youth with improving functioning. The CAFAS is a reliable [stable; scored the same regardless of rater] and valid [measures what it intends to] outcome assessment tool. This means that healthy improvements translate into a reduction in impairment level.



CAFAS Assessment Completion

- Must be completed by a rater who has successfully completed CAFAS reliability requirements.
- Under the Michigan Medicaid Mental Health Provider Contract, CAFAS is the required assessment for youth ages seven (7) through twenty-one (21) who are receiving services under SED eligibility.
- Assessment is completed at Intake into services, every three (3)
 months during services, and upon Exit from services.
 - CAFAS is also a reliable outcome assessment for post-services follow-up.

CAFAS Assessment Completion (Cont.)

- All behaviors during the last three months are considered.
 The most severe behaviors determine the score.
- All sources of information are considered by the rater (e.g. observation, caregiver report, school reports, medical records, etc.).
- At intake, if the child was delayed getting to your agency for services, you may need to rate back to the time when the child was exhibiting behavior for which he/she was referred

Treatment and Scoring

- Rate the youth's current functioning without necessarily scoring as more impaired because of the services the youth is receiving
- The rating should accurately reflect the public performance of the individual
- Do not score more severely because of outpatient psychotherapy or medication
- However, you would give a higher score in the case where external controls or structure are thought to be needed to maintain acceptable behavior (the rules for scoring tell you how to do this).

Basis for Judgement

- Use a literal approach in judging behavior criteria. Attend to the limited and specific meaning of each item.
 - Rate the WHAT, not the WHY
- Do not infer that a problem exists on the basis of another problem, the underlying dynamics, or the youth's apparent diagnosis.
- Base your rating on what you have observed or what has been reported by the youth or other informants.
- Rate the youth's functioning independent of previous diagnoses, prognosis, or presumed nature of the disorder.

Cultural Competence Issues

- It is important to be knowledgeable about the youth's/family's culture.
- Try to understand the cultural context of the behavior so you do not misinterpret behavior.
- Seek opinions of persons knowledgeable about the culture if in doubt.

EX: The youth's verbalizations of some religious beliefs may at first appear to be hallucinations, but further inquiry reveals that there are no faulty perceptions ("the devil made me do bad things").

Cultural Competence Issues (Cont.)

• Try not to impose your own value judgments that may be heavily influenced by your age, gender, social class, or cultural background.

EX: You should not rate a youth as more impaired just because she is an unwed mother.

 Rate behaviors appearing in the CAFAS, even if they are more common in some cultural contexts (e.g. aggression).



Using EXCEPTION Items

- EXCEPTION appears as the last item on every level of every CAFAS subscale. Use EXCEPTION when the youth exhibits a behavior at a level of impairment where no items describe the behavior.
- After choosing the EXCEPTION item number, explain the reason for your rating in the box labeled "Explanation:."
- Use EXCEPTION cautiously because it may jeopardize reliability.
- Another use of the EXCEPTION items is to provide additional context and balance to understanding items that were selected.

Severe Impairment	t Moderate Impairment	Mild Impairment	Minimal Or No Impairment
O09 EXCEPTION	016 EXCEPTION	O22 EXCEPTION	029 EXCEPTION
Explanation :	<type explanation="" here=""></type>		o Could Not Score

Instructions for Using "Could Not Score"

- Appears on every subscale
- If under rare circumstances, there is insufficient information to rate the youth on a scale, select "Could Not Score"
- ALWAYS try to get the information so that you can knowledgeably rate every subscale
- Use "Could Not Score" as a last resort

CAFAS Does Not Dictate Treatment

- The goal of the interventions is to reduce impairment in specific domains.
- The means for reducing impairment is determined by the professional and the family.
- The CAFAS Profile does not dictate treatment approach!
 For example, you may choose to work on "underlying" issues.

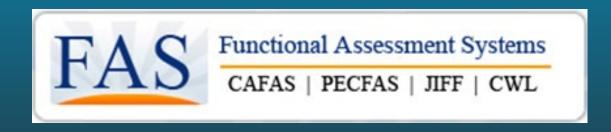
Quantitative Scores

- Subscale scores range from 0 to 30
- Total Score = Sum of 8 subscales: Ranges from 0 to 240
- Higher score = Higher impairment
- Various outcome indicators are used to determine progress
 - 20 point or more reduction in total score
 - No more Severe (30) impairments
 - No longer Pervasive Behavioral Impaired (PBI = 20's or 30's in School, Home AND Behavior Towards Others, more on this later)
 - Drop in CAFAS Tiers (as indicated on the FAS Report created after rating)
 - Total score drops below 50 (no longer eligible for SED services)

CAFAS Causes for Celebration-Five Ways to Determine Success

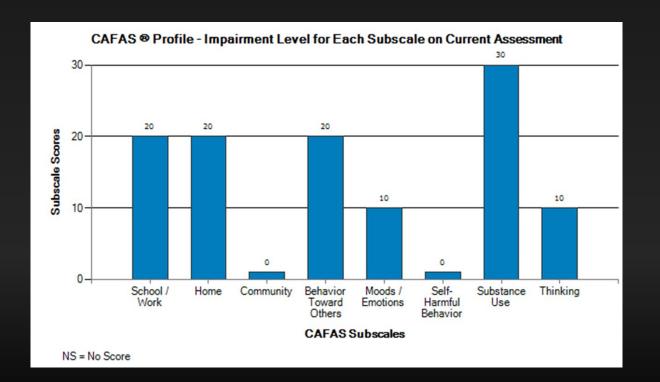
- 20 point or more reduction in Total Score
- No more Severe (30) impairments
- No longer Pervasive Behavioral Impaired (PBI = 20's or 30's in School, Home AND Behavior Towards Others, more on this later)
- Drop in CAFAS Tiers (as indicated on the FAS Report created after rating)
- Total score drops below 50 (no longer eligible for SED services)

Brief Overview of Using FAS for Rating



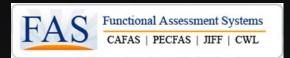
Interpretation of CAFAS Results Using FAS

- FAS (Functional Assessment Systems): Software used to electronically complete the CAFAS
- Includes a CAFAS Profile where results can be easily reviewed, as well as assessment reports (for clinicians) and a Family Report to share with families





CAFAS Subscales Graph



- Impairment Target Behavior(s) School / Work 012 Non-compliant behavior which results in persistent or repeated disruption of group functioning or becomes known to authority figures other than classroom teacher (e.g., principal) because of severity and/or Moderate chronicity Home 051 Persistent failure to comply with reasonable rules and expectations within the home (e.g., bedtime, curfew); active defiance much of the time (OR, if youth is not in the home, youth fails to comply with rules Moderate and expectations unless close monitoring/supervision is maintained) Community 084 Youth does not negatively impact on the community Minimal or No Behavior Toward Others 093 Behavior frequently/typically inappropriate and causes problems for self or others (e.g., fighting, Moderate belligerence, promiscuity) Moods / Emotions 128 Often anxious, fearful, or sad, with some related symptom present (e.g., nightmares, stomachaches) Mild What's this? Score and Clinical Markers Self-Harmful Behavior Total Youth Score 110 151 Behavior is not indicative of tendencies toward self-harm CAFAS Tier Substance Use Pervasive Behavioral Present Substance Use Impairment △ 159 Use of substances is associated with serious negative consequences (e.g. # Severe impairments 1 illegal acts, driving while under the influence, failing classes, experiencing physic Thinking 193 Eccentric or odd speech (e.g., impoverished, digressive, vague) Mild
- Review the CAFAS Results for each subscale and note the items endorsed
- Note that high risk behaviors are highlighted in RED on report

Based on Profile of CAFAS Subscale Scores

20 or 30 on School, Home, & BTOSevere impairment on any Subscale



Family Report



• This is a one-page report for the family to take home. It includes:

CAFAS Profile Graph

Youth's Strengths and Goals across subscales

_				_	
C	+ •		12	n t	he
3	u	C	ш	uL	hs

- Attends regularly
- Respectful of property in the home

- · Likes going to school
- Aware of problems related to social skills and is working on improving them

Goals

School / Work

School grades are average or above

Home

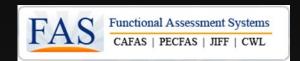
Obeys rules routinely

Communicates effectively with family members (i.e., no yelling)

Behavior Toward Others

 Expresses anger through appropriate verbalizations or healthy physical outlets Actively uses coping strategies to deal with difficult situations

Strengths and Goals



- CAFAS report can be used to discuss the youth's needs in the creation of their Treatment Plan
- For each subscale, there is an accompanying list of positive behaviors from which strengths & goals can be selected.

Example from School Subscale:

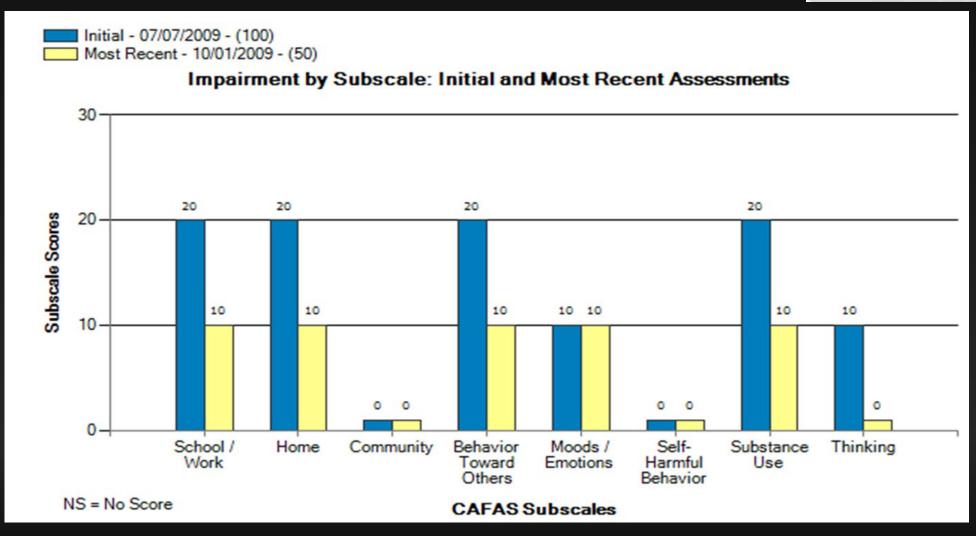
-	School / Work				Strengths: 2	Goals:	1
		Strength	Goal		Strength	Goal	
	Is permitted to attend school	S1	G1	Enjoys praise from teachers	S21	G21	
	Behavior at school is devoid of aggressive acts or threats	S2	G2	Likes going to school	✓ 522	G22	
	Attends more days than not	S3	G3	Completes school work	S23	G23	
	Attends regularly	✓ 54	☐ G4	School grades are average or above	S24	✓ G24	



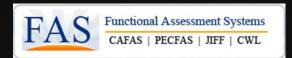
Tracking Progress During Treatment CAFAS®

Subscale Scores





Outcome Indicators (Recap)



- Total Score
- Profile Looking Across Subscale Scores
- Number of Severe Impairments (& which scales)
- Pervasive Behavioral Impairment
 Severe or Moderate: School, Home, & Behavior Toward
 Others
- CAFAS Tiers quick classification based on profile Most salient problems

Examining the Profile- Things to Consider

- 1. Does the pattern of scores make sense?
 - Could the rating be incorrect?
 - Was sufficient information solicited?
- 2. What are the most impaired areas of functioning?
- 3. Are there high risk behaviors?
- 4. What are the areas of relative strength?
- 5. If there is unevenness across domains (i.e. ups and downs in the profile), what is going on?
- 6. Is there "pervasiveness" (i.e. evenness across subscales)? (generally a poor prognosis indicator)

Areas of Functioning

1 School/Work CAFAS Subscales

- 2 Home
- 3 Community
- 4 Behavior Toward Others
- (5) Moods
- 6 Self-Harm
- 7 Substance Use
- 8 Thinking



School / Work Subscale



SEVERE

Severe disruption or incapacitation



MODERATE

Major or persistent disruption



MILD

Significant problems or distress



MINIMAL/NO

No disruption in functioning

- Grades
- Attendance

- Behaviors
- Work

Expectations: School/Work

Grades

Grade average is a "C" or above average, or performs up to abilities

Attendance

Attends school regularly

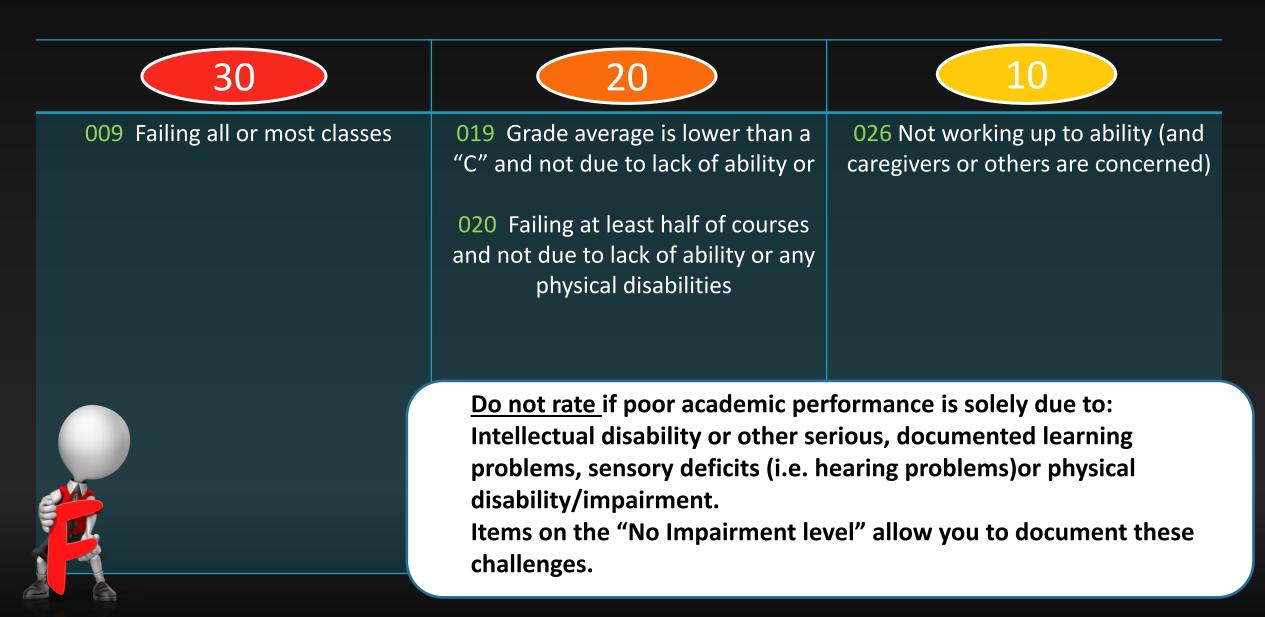
Behavior

Not disruptive to group process, behaves in a way that does not interfere with their own or with others' ability to learn/work

Work

Adheres to work schedules, follows instructions, satisfactorily carries out assigned duties

Grades





Important Considerations: Attendance

Unexcused absences due to any reason except physical illness, religious or family holidays

Truancy: deliberately engaging in more pleasurable activities or avoiding school when youth is capable of attending school

School Refusal: stays home to be with caregiver, could be due to:

Desire to be with parent figure

Fearfulness

Depression, anxiety, post-traumatic stress

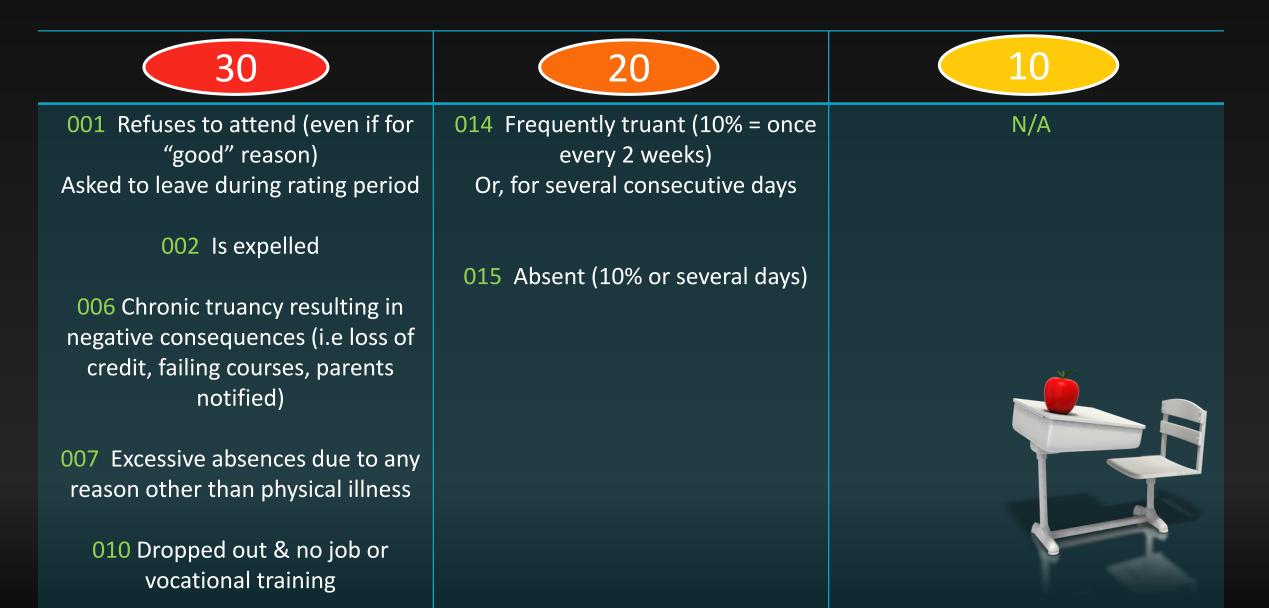
Rate regardless of understandable justification:

EX: avoiding scene of trauma (youth was raped at school), kept home to baby-sit

Remember: You are not blaming – you are saying services are needed!

If kicked out of school, rate that item as well as the item that indicates reason for it (e.g., aggressive threat). If behavior is not described by an item, circle Exception and write in reason under "Explanation."

Attendance



Definitions for Behavior Problems

Bad behavior in school (or on bus) & during the rating period

Aggression (as it rises to the level of Assault) refers to physical contact:

With another person in some way, either direct physical contact or with an object [hit, bite, scratch, shove, throw object at the person]

Which was done deliberately (not an accident)

With the intent to harm the other

Threat of aggressive behavior or "aggressive potential" implies that:

Youth's verbal or nonverbal behavior led another person to believe that harm to another could happen.

A protective intervention was deemed important to prevent the possibility of any harm (if witnessed).

Definitions for Behavior Problems

Non-compliant behavior: Refers to disobedience or not following rules. EX: runs in hallways, refuses to raise hand before speaking, brings forbidden objects to school

Inappropriate behavior: Refers to behavior for which the school may not have specific rules but would generally be known to be inappropriate. EX: deliberately clogging toilets, "flipping off" teacher

Poor attention span & high activity level (i.e., hyperactivity):

Refers to behavioral descriptors, not a disorder, in CAFAS

Rate only if school reports as a problem

Problematic Behavior



OO2 Expelled from community school because of behavior/multiple suspensions in rating period

003 Viewed as potentially harmful to others because of aggressive potential

004 Harmed or made threat to hurt a teacher/peer/staff

005 Unable to meet even minimum requirements for program behavior

008 Disruptive behavior persists despite special accommodations at program



012/013 Persistent or repeated disruption of group activities

012/013 Known to supervisory staff due to chronicity of problems

012/013 Known to supervisory staff due to severity of problems

017 Special accommodations are needed/implemented due to behavior problems





022/023 Can be managed by regular teacher/program staff with attention (EX: staying in during recess)

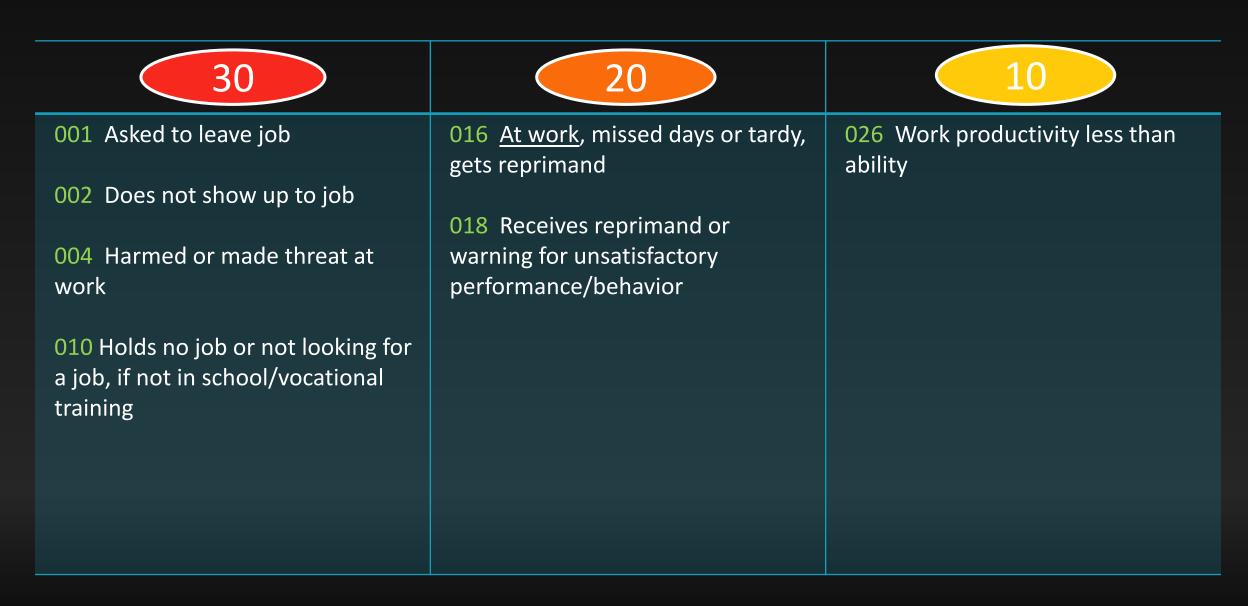
022/023 Can be managed by regular teacher/program staff with structure (EX: moving seat)

024 Occasional disobedience with no harm to property or people (more than other youth)

025 Behavior problems present but not disruptive

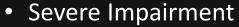


Work Subscale





School Rating: Remote Learning



Youth refuses to participate in Remote Learning (001, 006, 007)
Remote learning has not been implemented in youth's home (001, 007)
Youth is physically aggressive with family during learning times (003)



Moderate Impairment

Youth refuses direction from caregivers when participating in Remote Learning activities (e.g. Tantrums) (012, 013)

Youth participates in less than 90% of Remote Learning expectations (014, 015)

Youth has an active IEP or 504 Plan with their school (that at least in part addresses behaviors (017)

Youth was referred for assessment and/or learning supports due to classroom behavior, although plan was not completed prior to March 11, 2020 (017)

Mild Impairment

Caregiver needs to provide extra structure or accommodation for youth to successfully participate in Remote Learning (022, 023)

Youth is not completing all activities as assigned (026)

School Rating in the Summer





Question:

How do you rate the youth during the summer?

Answer:

Rate the youth's behavior for the most recent time period when in school.

Practice Questions

- Read the questions in the Power Point carefully, then look at the CAFAS School Subscale to find the correct Item.
- Jot down the Item number and CAFAS score (30, 20, 10 or 0) for each question, along with a few words that describe your rationale for picking this Item you could write, for instance "C average".
- Practice questions will then be reviewed with the group
- Will do this after every subscale throughout the training

Thirteen year old reported to truancy officer for chronic truancy.

30

Item: 006

Rationale: Being reported to a truancy officer is a negative consequence.

Teacher has called the youth's mother three times because of misbehavior.

10

Item: 22, 23

Rationale: A parent can be contacted, it's still a 10. If school authority figure -principal, disciplinary officergets involved, it's Item 12 (20).

Disrupts class by making other kids laugh, but no more so than other kids; he responds well to redirection by teacher.

0

Item: 29

Rationale: This is minor and was resolved with redirection only – no intervention required.

Skips school about twice a month.

20

Item: 14

Rationale: Truant twice a month: frequency is what is required in the Item (10% of a 5-day week).

Mother is concerned because youth is not working up to her ability; gets C's when she typically makes A's.

10

Item: 26

Rationale: Grades have dropped from A's to C's.

During the rating period youth was placed in an alternative school because of aggressive behavior (including threats) in school. She is responding well to a 5:1 student teacher ratio and is currently doing well.

30

Item: 2

Rationale: That she was placed during the rating period is why this is a 30. If she continues to do well next rating period, she may be scored using Item 017 (20).

Teacher reports that 9-year-old male will not follow directions, repeatedly disrupts his classroom by talking, getting out of his chair, and agitating the other students. The school's vice-principal is involved.

20

Item: 12

Rationale: He is disruptive and the school's vice principal is involved.

Teacher places child's desk next to her desk to discourage his instigation.

10

Item: 22, 23

Rationale: Teacher has identified behavior as a problem and is using an intervention to solve the problem.

8 year-old male removed from his mother's house and now lives with his father and stepmother. Grade average decreased from B's to D's.

20

Item: 19

Rationale: Grade average lower than a "C".

14-year-old was in placed in an Emotional Disability (ED) classroom 6 months ago. For a while his behavior improved, but for now he frequently walks out of class, turns desks over, shouts at peers, and is not listening to teacher.

30

Item: 8

Rationale: Although student was placed in the ED classroom prior to the rating period, his behavior now meets the requirements of item 8 – he is disruptive despite the specialized setting.

Home



SEVERE

Severe disruption or incapacitation



MODERATE

Major or persistent disruption



MILD

Significant problems or distress



MINIMAL/NO

No disruption in functioning

Behaviors to Assess

- Home safety behaviors
- Following directions
- Compliance with chores

- Following home routines
- Non-runaway behaviors

Expectations: Home

Safety: Person & Property

Behaves in a safe manner
Non-threatening, non-intimidating
Respectful of property in home (i.e.,
home, belongings of other
household members, yard, etc.)

Non-Runaway Behavior

Trustworthy regarding no runaway behavior

Compliance: Rules, Routines, Chores

Follows household rules
Follows expectations.
Examples: Bedtime, curfew,
completes chores

Important Considerations: Home

- Rate the youth's severest behavior during hours usually spent in the home (i.e., 3:30 pm to 7:30 am or so) during the rating period.
- Consider all homes or residential settings the youth lived in during the rating period.

EX: If a youth's behavior was very impaired while on home visit (i.e. knocked a hole in the wall of the family's apartment) and very good in the residential unit, the youth's rating on the Home scale would reflect the destructive episode at home if it occurred in the rating period.

 "Household members" refer to other persons who share the home or residential setting.

Safety



041 Not in the home due to (bad) behavior in the home which occurred during the rating period.

043 Deliberate & serious threats of physical harm

044 Repeated acts of intimidation

046 Constant monitoring to ensure safety

049 Severe & deliberate property damage. EX: Throws bat through china cabinet door (rate property damage to any residences or residential settings youth lives in)

20

053 Repeated irresponsible behavior... potentially dangerous, but safety of household members not jeopardized. EX: use stove, not close gate, leave house door open, bad practical jokes on siblings

055 Deliberate damage to home,belongings or yard. EX: Peelswallpaper out of bedroom closet

10

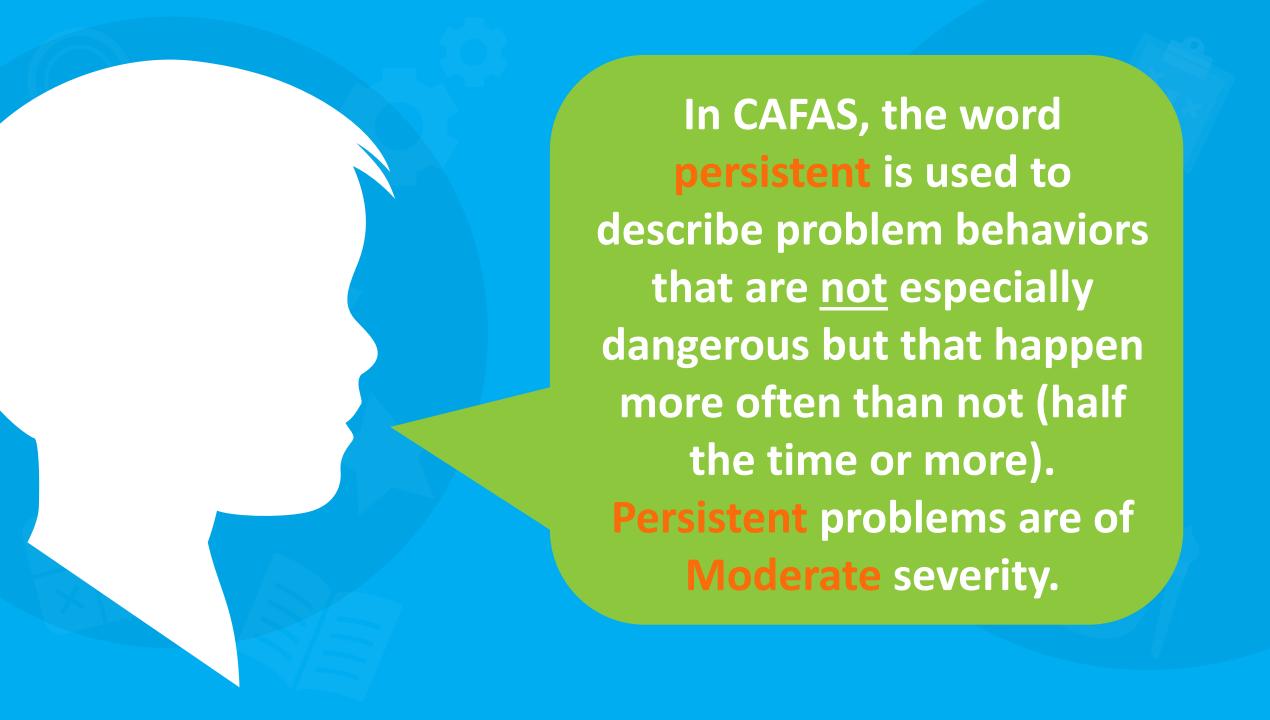


Important Considerations: Compliance

• Do not rate non-compliant behavior if parental requests are abusive or illegal.

EX: to steal, do sex acts

• Good Compliance: Doing what you are asked to do, when you are asked to do it and with a "decent" attitude





The word frequent (or frequently) is used to describe problems that occur more often than is typical and healthy, but tend to cause more inconvenience than developmental disruption. These problems are of Mild severity.

Compliance: Rules, Routines, Chores

30

042 Extensive management by others needed to be maintained in the home

045 Behavior & activities beyond caregiver's influence almost all of the time

047 Supervision of youth required... interferes with caregiver's work/roles

20

051 Persistent failure to comply with rules/routinesEX: bedtime, brushing teeth

051 Active defiance much of the time

051 If in residential facility, fails to comply unless close monitoring

052 Frequent profanity, cursing at household members

10

057 Frequently fails to comply

058 Has to be "watched" or prodded to get compliance

059 Frequently "balks" or resists but will comply if caregiver insists

060 Frequently intentionally annoying. EX: taunting siblings, purposeful dawdling

Notes on Compliance

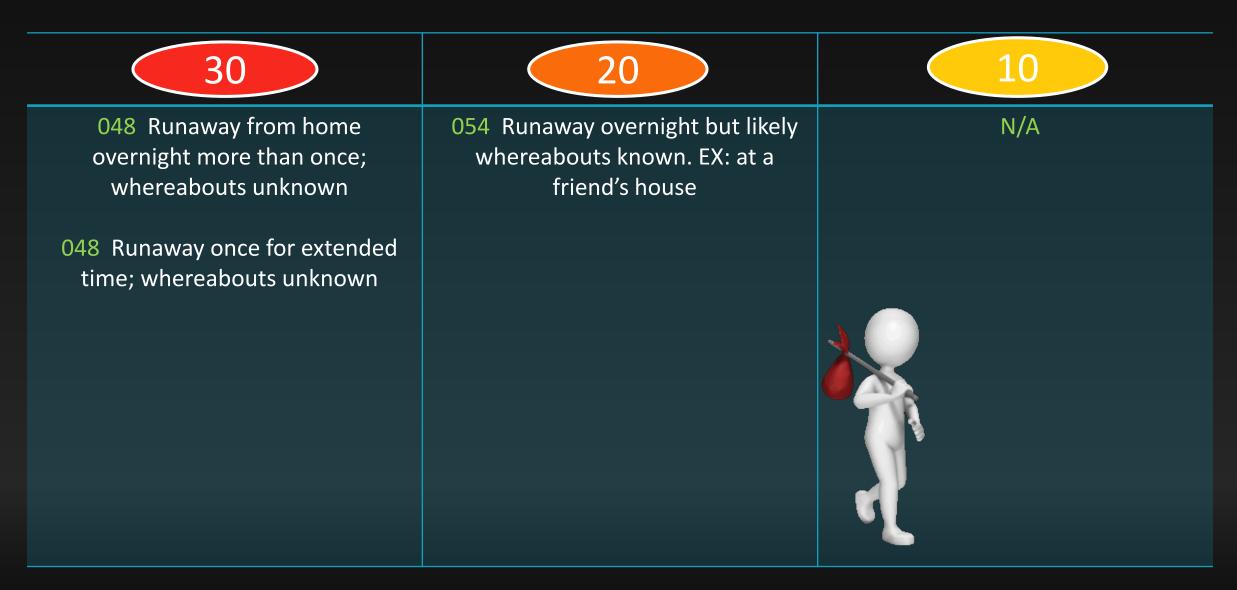
- Compliance is doing what you are asked to do, when you are asked to do it.
- Household expectations may vary greatly by culture and circumstance.
- Rate all non-compliant behavior UNLESS parent requests are abusive or illegal.







Runaway Behavior



Youth makes a point of not doing his chores most of the time, so that the parents have come to expect that this is "just how he is" – a chronic condition.

20

Item: 051

Rationale: It happens most of the time —it's "persistent" or "chronic".

16-year-old in last 3 months has been missing curfew, had auto accident in which the car was wrecked, and came home smelling of alcohol despite drinking being strictly forbidden by his parents.

30

Item: 045

Rationale: Beyond parents' influence in more than one area.

8-year-old girl balks and complains when asked to complete her chores. does her chores only if mother insists.

10

Item: 059

Rationale: Balks or resists, but will comply if caregiver

insists.

Mother is afraid youth will hurt his younger brother so she makes sure she or her husband are always in the room when the two are together.

30

Item: 046

Rationale: Child must be constantly monitored for safety.

To get back at her mother, youth deliberately scratched old kitchen table that they keep in the basement to use as a game table.

20

Item: 055

Rationale: Deliberate damage; table is not particularly valuable, therefore is scored as a moderate (20).

Listens to parents, but occasionally has to be reminded to do things. Once reminded, the youth complies.

0

Item: 063

Rationale: Minor problem, solved with just one

reminder.

Mother reports that 9 year-old intentionally and purposefully does things just to annoy herlike tease his little brother when she's trying to get him ready for school.

10

Item: 060

Rationale: Behaviors are intentionally annoying.

When angry at mother, 14 year old damaged mother's favorite piece of furniture which had previously belonged to her own mother.

30

Item: 049

Rationale: Severe and deliberate damage; youth targets a precious heirloom.

Youth has been residential treatment for 6 months. Only follows rules if he knows staff will check up on him and they actually do. He only follows rules under these circumstances.

20

Item: 051

Rationale: In Residential Treatment – only complies when

staff is present.

Youth frequently resists following parents' directions; however, if they keep a watch on him and cue or prod him to comply, he obeys most of the time.

10

Item: 058

Rationale: Meets the requirements of the Item; not moderate (item 51) because obeys most of the time.

Community



SEVERE

Severe disruption or incapacitation



MODERATE

Major or persistent disruption



MILD

Significant problems or distress



MINIMAL/NO

No disruption in functioning

Behaviors to Assess

- Respect for property
- Stealing
- Adhering to laws

- Playing with/setting fires
- Sexual inappropriate behavior
- Association with delinquent youth

Expectations: Community

Obeys Laws

Obeys laws, &, if on probation, conditions of probation

Respects Property

Respects property of others or public Property

Refrains from Particularly Offensive Acts

Refrains from:

- Physical aggression
- Sexual misconduct/mistrust
- Fire-setting (anywhere even in the home)

Ħ

Important Considerations: Community

- Do **NOT** endorse if:
 - Youth's sole involvement was as a victim
 - Act was accidental
 - Youth was just playing or "kidding around" (no intent to harm)
 - Youth was truly acting in self-defense (ignore unconvincing claims)
- Do endorse if:
 - Youth gets into legal trouble
 - There is good-faith reason to believe youth engages in delinquent behavior, based on reports by youth, caregiver or other adult informants
- EX: Caregiver convinced that youth is shoplifting based on goods in the youth's room that were not purchased & no believable explanation is given.
- EX: Caregiver reports that the youth's friends were "caught" for an offense. The youth appears to have been involved but not "caught."



Important Considerations: Community

Question: Is legal involvement required? If not, why not?

Answer: No. Rationale:

- Most acts are covert & undetected
- Charges are often not pressed for a variety of reasons
- Youth's association with delinquent youths puts the youth at great risk for delinquency
- Treatment will be different for youths who are at-risk for delinquent behavior.
 EX: parental monitoring
- Treatment of co-occurring problems (e.g., depression) typically does not reduce delinquency

Obeys Laws



066 Confined for serious violation

O67 Convicted of serious violation
Substantial evidence of serious
violation (Violation of
probation conditions – flagrant
disregard for the law)



073 Serious (but milder)
delinquent behavior
Repeated delinquent behavior (>1
time)
074 On probation/court
supervision (offense < 3 mo)
075 Probation/court supervision
(offense > 3 mo)
076 At risk of confinement for
frequent or serious violations

(warn consequences "next time")



080 Minor legal violations081 Single incident of milderdelinquent behavior



Definitions for "Obeys Laws"

Serious violation

Stealing involving confrontation with victim

Robbery

Purse Snatching

Dealing/carrying drugs

Rape

Drive-by shooting

Violation of probation condition

(Milder) Delinquent behavior

Stealing without confronting a victim

Vandalism Defacing property

Taking a car for a joy ride (without permission, short time period & plan to return)

Auto theft

Mugging

Break-ins

Prostitution

Shoplifting

Murder

Fraud

Minor legal violations

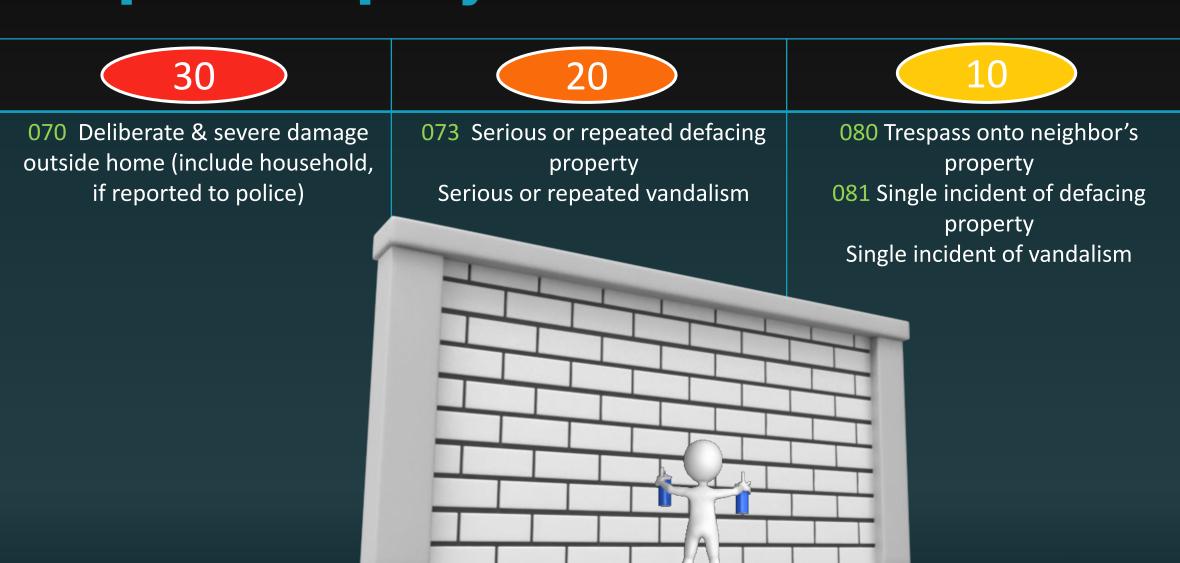
Minor legal violations

Unruly conduct such that complaint was made

Trespassing onto neighbor's property

Harassing neighbor

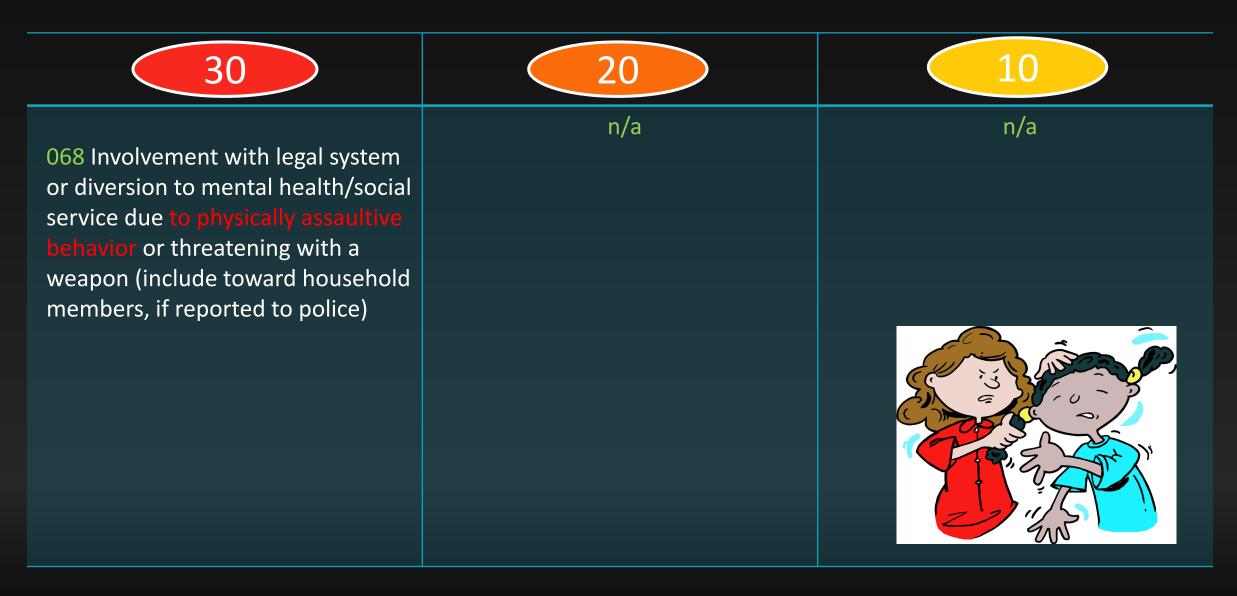
Respects Property Outside of the Home



Physical Aggression ("Fighting")

- Aggression refers to physical contact with another person in some way, either direct physical contact or with an object (i.e., hit, bite, scratch, shove, throw object at the person).
 - Which was done deliberately (not an accident)
 - With the intent to harm the other
 - A protective intervention was deemed important (if observed)
- To ensure that only more serious offenses are scored at the SEVERE level of the Community scale, legal involvement (e.g., police were told) or deliberate diversion to mental health or social service is required

Physical Aggression



Definitions for Sexual Misconduct

Sexual assault or abuse refers to having attempted to, or actually accomplished, a sexual act:

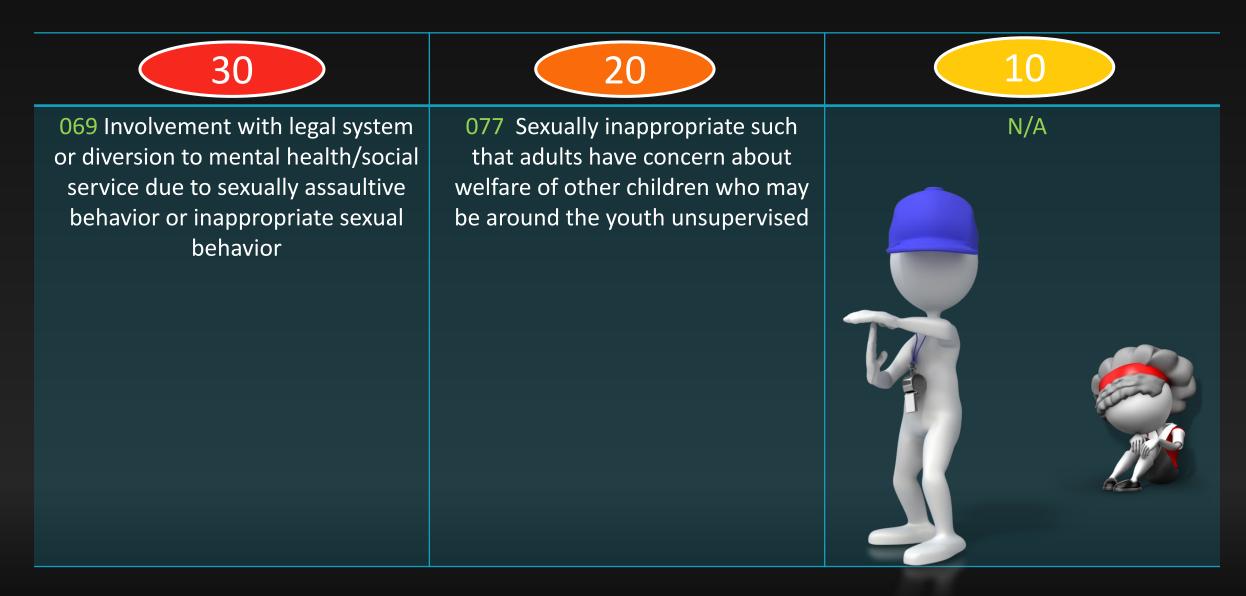
By making sexual contact with another person (i.e., interact with another person by touching sexual parts of the body or by placing the penis, fingers or another object into the orifice of the other, such as vagina, anus or mouth), AND

By coercion (i.e., through physical force, intimidation or verbal threats or by persuasion by an older youth in which the older youth exploits the naiveté of the younger youth)

Inappropriate sexual behavior refers to sexual behavior which violates social norms & is displayed publicly or is directed toward another person. EX: exposing oneself in front of others).

Do not score if the youth was solely a victim.

Sexual Misconduct/Mistrust

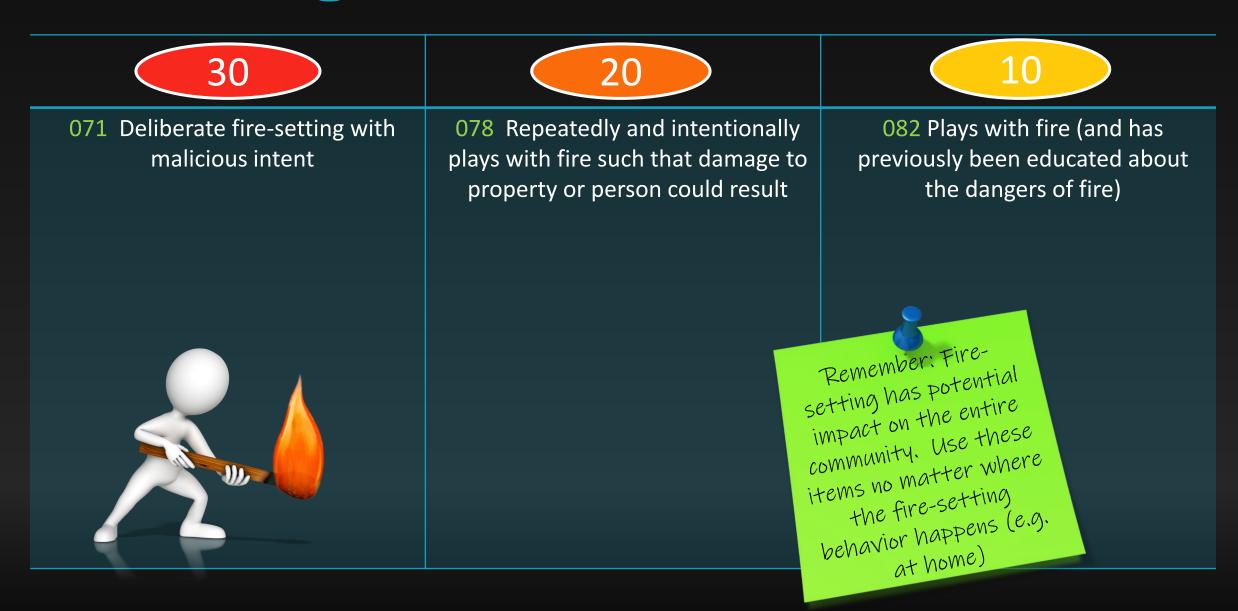


Considerations for Fire-Setting Behaviors

 Scored on Community even if it happens at Home – Rationale: behavior has potentially serious implications for community.

• Before being scored under "Community" for playing with fire, child needs to have been "educated" about danger of fire (e.g., after playing with matches, etc.)

Fire-setting Behavior



10-year-old male caught shoplifting in mall on two separate occasions, but sent home with parents both times. Has money from allowance. Lies frequently about whereabouts after school.

20

Item: 073

Rationale: Repeated delinquent behavior (shoplifting).

Got into a fistfight at school. During the fight picked up a bottle to hit the other youth. Broken up by school authorities who reported incident to police.

30

Item: 068

Rationale: Involvement with the legal system because of physically assaultive behavior.

Foster mom wants foster child (who was removed from his own home more than a year ago due to being a victim of sexual abuse) moved out of her home because she is afraid that his sexually explicit play with dolls may be a bad influence on her own children.

20

Item: 077

Rationale: Sexually inappropriate – adult concerned.

Youth trespassed onto neighbor's farm and owner complained to authorities.

10

Item: 080

Rationale: Minor legal violation (trespass) –complaint was made.

Became angry with a neighbor and set fire to her shed.

30

Item: 071

Rationale: Deliberate fire setting; "malicious" means that child wanted something to burn.

17-year-old female who was stopped by the police 2 months ago while walking home from work due to leaving late. She has never had any other contact with the police or problems in the community.

0

Item: 085

Rationale: A minor problem, resolved without further

intervention.

Stole candy from the mini-mart at the gas station once.

10

Item: 081

Rationale: Single incident of shoplifting.

Violated the conditions of probation laid out by the judge when she stayed out all night.

30

Item: 067

Rationale: Serious violation of law-breaking probation is mentioned in scoring rules and in the on-line version

14-year-old boy is on probation for stealing a car, offense occurred 4 months ago.

20

Item: 075

Rationale: Probation – prior to 3 months

Bright, curious 7 year old found matches and struck one, even after being told repeatedly that fire is dangerous and not to play with matches.

10

Item: 082

Rationale: Plays with fire – has been told not to do so.

Behavior Toward Others



SEVERESevere disruption or

incapacitation



MODERATE

Major or persistent

disruption



MILD
Significant problems or distress



MINIMAL/NO
No disruption in
functioning

Behaviors to Assess

- Interactions with people
- Interactions with animals
- Makes/maintains friendships

- Aggressiveness
- Frustration tolerance

This subscale captures behaviors that impact relationships with all other people (and animals too). This means that some behaviors that were already rated for impairing functioning in an environment will also be rated here for impairing relationships.

Expectations: Behavior Toward Others

Free of Unusually Offensive Behaviors

Behaves in a safe manner around others.

Able to interact with people & animals without making them feel uncomfortable.

Judgment

Judgment does not jeopardize the welfare of others or unreasonably inconvenience them

Interactions Free of Negative, Troublesome Behaviors

Has age-appropriate skills for interacting with others

Considerations for Rating Behavior Toward Others

Question: Do I rate behavior that may have been already scored on the School, Home or Community subscales?

Answer: This can happen, specifically for particularly offensive, "strong" behaviors, such as physical or sexually aggressive or highly inappropriate behavior.

Rationale: Concern by others generalizes to settings other than where the behavior originally took place. If a youth is sexually assaultive at school, others are concerned about youth's behavior in other settings.

Unusually Offensive Behavior



088 Consistently bizarre or inappropriate - others avoid because of extremely unpredictable or odd behavior

090 Attempted or accomplished sexual assault or abuse of another person (i.e., used force, verbal threats, or, toward younger youths, intimidation or persuasion)

091 Deliberately & severely cruel to animals



093 Behavior frequently & typically inappropriate & causes problems for self or others. EX: "fighting"

094 Inappropriate sexual behavior in the presence of others or directed toward others. EX: 10-year-old calls out to passersby that she will do a specific sex act for a candy bar.

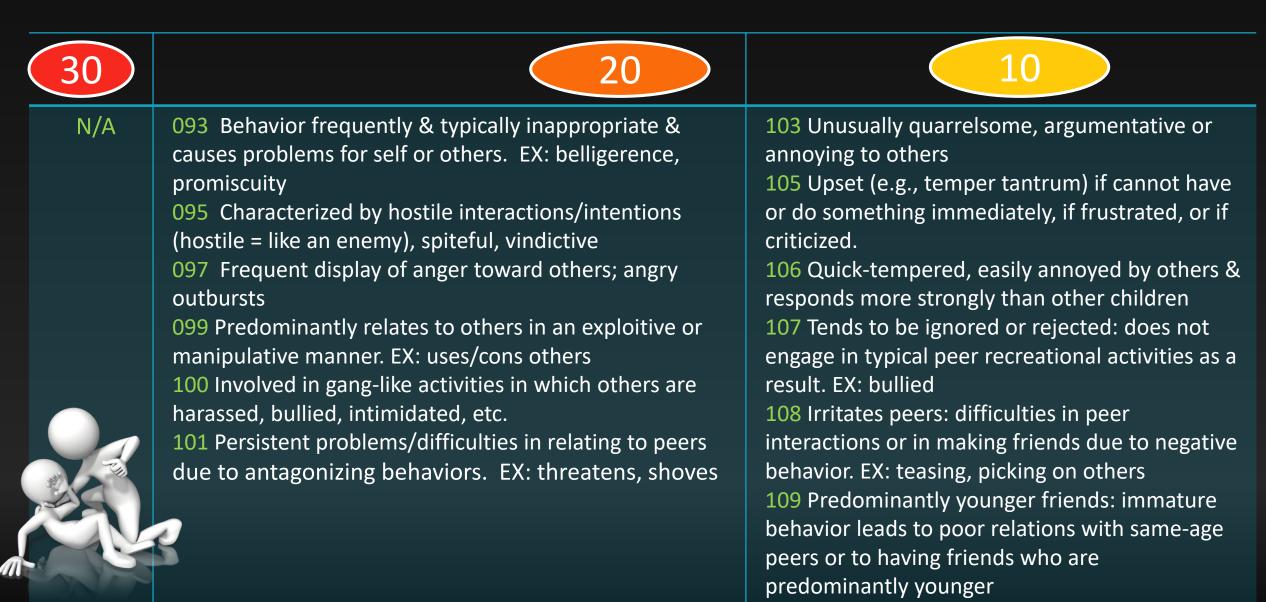
098 Frequently mean to other people or animals



N/A



Negative, Troublesome Behaviors



Poor Judgement

30 20 10 N/A 096 Poor judgment or impulsive 104 Poor judgment or impulsive behavior results in dangerous or behavior is inappropriate, given risky activities that could lead to his/her age, & results in injury or getting into trouble *more* inconvenience to others. EX: than other youths (from the same hiding brother's lunchbox cultural group). EX: Dangerous practical "jokes" INTENT OF ITEMS: (e.g., joking with power tools in shop class) showing off" to the Judgment that can point of being dangerous (e.g., negatively impact on throwing firecrackers onto a picnic others! blanket), encouraging another youth to engage in risk-taking (e.g., spin self in a clothes dryer)

Easily upset and tends to have temper tantrums if she cannot get her way.

10

Item: 105

Rationale: Temper tantrum if cannot have way-fits the

wording of the item

Foster child tried to get another child to fondle him and threatened to hurt the child's dog if he told on him.

30

Item: 90

Rationale: Using intimidation in sexual assault

attempt.

Participates in bullying others when he hangs around with supposed gang members, although the gang members have not been known to do drugs or be assaultive.

20

Item: 100

Rationale: Others are bullied, intimidated (group).

Tried to kill a neighbor's cat.

30

Item: 91

Rationale: Deliberate and severe.

12-year-old male who has had a couple of arguments with his best friend over toys within the last month. Previously John and his best friend have gotten along very well. After arguing, John and his best friend are able to talk about the problem and resolve it.

0

Item: 113

Rationale: Disagreement, amicably resolved.

9-year-old male grimaces and growls at peers; he does it almost all the time. Even his parents think this behavior is bizarre.

30

Item: 088

Rationale: Bizarre behavior.

Child doesn't get to play much with other children because they tend to ignore her.

10

Item: 107

Rationale: Ignored or rejected by peers.

Child plays with "Barbie" and "Ken" dolls, in such way as to suggest that they are having sex. Has done so repeatedly in front of other children and adults.

20

Item: 94

Rationale: Inappropriate sexual behavior.

Taunts and emotionally abuses his brother frequently.

20

Item: 98

Rationale: Frequently mean to other people or animals.

10-year-old child gets along okay with everyone except his family members, whom he often quarrels with because he thinks he is getting "the short end of the stick" a lot.

10

Item: 103

Rationale: Unusually quarrelsome; argumentative (remember: child's relationship to caregivers are included in this subscale).

Moods/Emotions



SEVERE

Severe disruption or incapacitation



MODERATE

Major or persistent disruption



MILD

Significant problems or distress



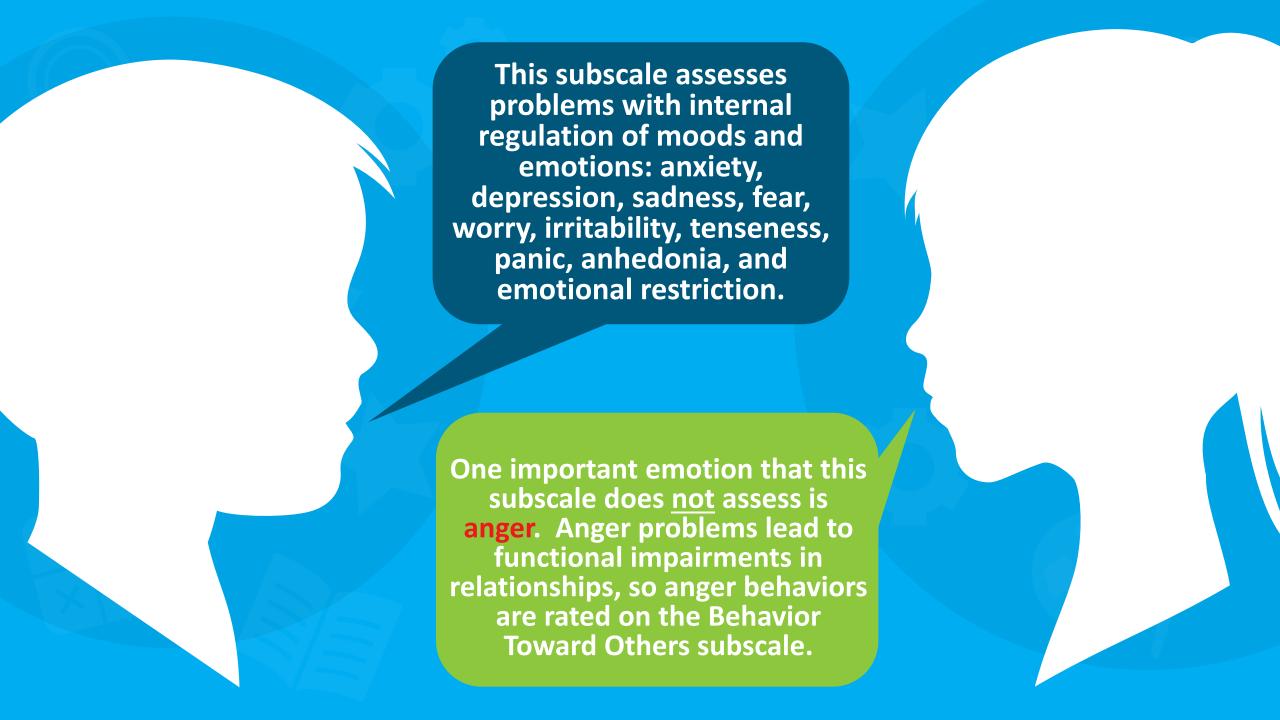
MINIMAL/NO

No disruption in functioning

Behaviors to Assess

- No excessive sadness
- No excessive worry
- Moods are relatable

- Self-esteem
- Somatic complaints
- Experiences range of emotions



Expectations: Moods and Emotions

Depression

Depression, sadness, moodiness or irritability may be experienced but are managed so as to prevent extended negative impact

Mood-Related Reactions to Abuse or Other Trauma

Youth displays a full range of emotions that correspond in expression & intensity to experienced situations.

Avoidance does not interfere with life tasks

Anxiety

Anxiety, worries, fears, tenseness or panic feelings may be experienced but are managed so as to prevent extended negative impact

Non-Bizarre Emotional Reactions

Others do not experience youth as having bizarre moods

Preamble to Rating Depression

If a child is experiencing depression, evidence for a **SEVERE** level of functional impairment is persistent sadness with <u>incapacitation</u> in one of these critical areas:

- Will to live
- Interest in others
- Engagement
- Eating
- Ability to respond to comfort



Preamble to Rating Depression

If a child is experiencing depression, evidence for a MODERATE level of functional impairment is persistent feeling of worthlessness, or persistent expression of sadness, melancholy, or irritability with a <u>disruption</u> from personal baseline in specific areas:

 Sleep – (quantity/pattern) trouble falling asleep or staying asleep, early awakening, sleeping too much

 Eating – decreased appetite, significant weight loss or gain

- Energy level primarily fatigue, no energy
- Concentration less ability to focus or sustain attention
- Anhedonia diminished interest or pleasure in normal activities

Considerations for Rating Depression

Question: Is sadness required?

Answer: NO. Irritability or anhedonia can substitute for sadness.

- If irritability or anhedonia is substituted for depression, disturbance in two areas is needed (from previous slide).
- Rationale: More signs of depression are needed because irritability can accompany other problems. For example, delinquents can be irritable if their actions are blocked.

Depression/Sadness

30

118 Depressed with academic
incapacitation = absent > 1
 day/week on average

118 Depression with academic incapacitation = not doing (any) schoolwork. EX: "stares" at schoolwork

118 Depression with social incapacitation = isolates self from friends. EX: no longer wants to play, talk on phone or visit with friends

119 Depression with suicidal intent (i.e. Really wants to die)

20

122 Depression is persistent (i.e., half the time) with difficulty in 1 or more:

Sleep problems

Eating problems

Difficulties concentrating

Energy level

Normal activities = anhedonia

Irritability or anhedonia with 2 or

more:

Sleep problems

Eating problems

Difficulties concentrating

Energy level

Normal activities = anhedonia (if irritability only)

10

128 Often sad, with related symptoms.

EX: nightmares, stomachaches

129 Disproportionate irritability (no
apparent reason)

130 Very self-critical, low selfesteem, feelings of worthlessness 132 Sad or hurt if criticized

133 Sad, depressed or anhedonic in one setting for few days at a time



Anxiety (Fears, Worry, Panic, Tenseness)

30

117 Fears, worries, anxieties, or
reactions to trauma with academic
incapacitation = absent > 1
 day/week on average

117 Fears, worries, anxieties, or reactions to trauma with marked social withdrawal.

EX: Will not leave home to visit friends

20

123 Worries persistent & excessive, with 1 or more:
Sleep problems, tiredness, difficulty concentrating, irritability, muscle tension, feeling on edge

124 Fears, worries or anxieties result in expressed distraught when away from home or parent figures

125 Worries or anxieties result in special accommodations (requests). EX: sleeping near parents; calling home from school

10

128 Tends to be anxious, fearful, with related symptom. EX: nightmare, stomachaches

129 Disproportionate fears or worries

131 Easily distressed if makes mistakes

132 Anxious if criticized

133 Anxious in at least one setting for a few days at a time

Mood: Reactions to Abuse or Other Trauma

30

117 Extensive avoidance, secondary to traumatic reactions, resulting in avoiding school or social settings



20

126 For traumatized youth,
emotional blunting (i.e., no or few
signs of emotional expression;
emotional expression is markedly
flat OR marked distress around
recollections, dreams, or reminders
related to the original trauma.

(Rate only if exposed to traumatic event & caregiver reports)

10

134 Notable emotional restriction (Has difficulty expressing strong emotions such as fear, hate, love)

(Rate only if exposed to traumatic event & caregiver reports)

Bizarre Emotional Responses

30 N/A 116 Viewed as odd or strange 121 Marked changes in moods because emotional responses are that are generally intense & abrupt incongruous (unreasonable, (should be abnormal variability) excessive) most of the time Intended to capture relatively EX: Laughs oddly when discussing extreme affective instability related sad issues (as may be seen in to anxiety & depression – not psychosis, schizotypal, pervasive anger developmental disorder) EX: Parents describe daughter as EX: Has no "mood" that others can "laughing one minute & crying the relate to (is seen in Autism) next"

7-year-old male gets so down in the dumps that he is totally hopeless and feels suicidal.

30

Item: 119

Rationale: Depression and suicidal intent.

Has become quite irritable for no apparent reason.

10

Item: 129

Rationale: Disproportionate irritability.

An adolescent who smiles and laughs most of the time while looking at the ceiling – no clear indication of what mood youth is experiencing.

30

Item: 116

Rationale: Odd or strange emotional responses most of the time.

Sad much of the time, takes a long time to fall asleep at night despite trying, and has lost her appetite.

20

Item: 122

Rationale: Depression much of the time and sleep problems and has decreased appetite.

Sad often and has nightmares.

10

Item: 128

Rationale: Sad often and nightmares – wording of

item.

Youth, who had a "bubbly" personality before being sexually abused, is no longer "bubbly" but is described as always "neutral." (Flat affect)

20

Item: 126

Rationale: Flat affect = emotional blunting

Has witnessed domestic abuse and is so worried about leaving the house that she will not leave the house except to go to school. She refuses to go out and play with friends (like she used to do).

30

Item: 117

Rationale: Anxiety and social isolation.

Worries about doing well all the time and feels tired at the end of the day from being tense.

20

Item: 123

Rationale: Worries excessively and muscle tension (tired from being tense).

Youth's feelings are hurt very easily, results in him being tearful around other youths.

10

Item: 132

Rationale: Sad, hurt, anxious if criticized.

When she misses her mom at school, goes to the school nurse and says she needs to go home because she doesn't feel good, about once a week; stays at school.

20

Item: 124

Rationale: Distressed when separated from parent – (Not 30 because she goes to school).

Self-Harmful Behavior



SEVERE

Severe disruption or incapacitation



MODERATE

Major or persistent disruption



MILD

Significant problems or distress



MINIMAL/NO

No disruption in functioning

Behaviors to Assess

- Suicidal intent
- Habitual self-harm
- Impulsive self-harm

- Threats of self-harm
- Hopelessness
- Ambivalence about living



Expectations: Self-Harm

No Self-Harmful Behavior

Youth is free from desires & attempts to hurt him/herself

Youth can cope without resorting to self-harmful behavior or verbalization

Considerations for Rating Self-Harm

May or may not be related to diagnosis of depression

Do *not* rate acts...

- Done while kidding around
- That were genuinely accidental
- Done because youth likes thrill-seeking or risk-taking activities EX: ride motorcycle without helmet
- Done because youth likes engaging in non-conventional behaviors. Ex. Getting Tattoos

More Considerations: Self-Harm

Do rate on this scale if behaviors are in the context of:

- Depression
- Hopelessness
- Wanting to hurt oneself

- Wanting to die
- Genuine ambivalence about living
- Impulsive suicidal behavior that could be lethal

Do rate if behavior is extremely dangerous & psychiatric hospitalization for it is typical.

- Head-banging as sometimes seen in autism or with organicity
- Psychotic confusion
- Severe anorexia
- Dangerous behavior as seen in organicity (e.g., not realize danger due to effects of trauma, neurological disorder)

Definitions Related to Self-Harm

Suicide intent: Genuine desire to die

Suicide lethality: Refers to likelihood that the means of attempting suicide will result in death

Judging suicidal risk involves clinical judgment in real-life.

Conservative approach would result in rating severe if cannot confirm non-intentionality.

"Cutting" behavior can be rated at moderate level if treatment plan has established that acute hospitalization is not advised (sometimes associated with borderline personality disorder)

Self-Harmful Behavior

30

142 Non-accidental self-destructive behavior – potential for or did self-injury EX: Suicide attempt with intent to die; Persistent head-banging; severe anorexia

143 Seemingly non-intentional selfdestructive behavior – potential for or did self-injury <u>and</u> youth aware of the danger (for a younger or inarticulate child making suicidal attempts, may use unsophisticated or incompetent methods)

EX: Opens car door in moving vehicle; Runs out in the path of a car if street smart

144 Has a clear plan to hurt self, even if impractical or non-lethal

144 Has a genuine desire to die

20

146 Non-accidental selfharm, mutilation, or injury
which is non-life-threatening
& non-trivial
EX: suicidal gestures without
intent to die

147 Talks or repeatedly thinks about harming self, killing self, or wanting to die

10

149 Repeated non-accidental behavior suggesting self-harm, yet behavior is very unlikely to cause any serious injury

EX: Repeatedly pinching self EX: Scratching skin with a dull object



Youth admits that he has thought about suicide several times, but says he would never do it.

20

Item: 147

Rationale: Talks or thinks about suicide (but does not want to die).

13-year-old female with severe anorexia.

30

Item: 142

Rationale: Severe anorexia- Engaging in selfdestructive behavior that could result in severe injury (self-starvation)

Youth has apparent "nervous habit" of poking arm with pencil, making marks.

10

Item: 149

Rationale: Suggests self-harm (not mutilation or

injury).

Likes to ride motorcycles.

0

Item: 151

Rationale: Risk-taking is not rated as a tendency

toward self-harm.

7-year-old looks sad and says he really wants to be dead, since being removed from his mother's home. Foster parent believes he is suicidal.

30

Item: 144

Rationale: Genuine expressed desire to die.

14-year-old used knife to cut his arm when he was dealing with being transferred to new school. Denied wanting to kill self: just wanted to feel something.

20

Item: 146

Rationale: Non-trivial injury, is like "cutting" example

Has numerous small marks on hands. He indicated that it is from using a paper clip to scratch himself.

10

Item: 149

Rationale: Unlikely to cause serious injury or

mutilation.

Suicide attempt with pills. Non-lethal dose, but youth says she doesn't want to live anymore.

30

Item: 142

Rationale: Suicide attempt with intent to die.

15-year-old female feels abandoned since separation of parents. Lives with mother, but tries to live with or see her father. Carves on arms with scissors and metal finger nail file when upset. Does not want to follow directions from mother.

20

Item: 146

Rationale: Non-trivial injury; "carving" implies injury like cutting (an example in the item).

Youth is cutting their skin, bullying others to elicit abuse from others, doing things to inflict harm toward self, picking at scabs, and bangs head on wall repeatedly despite efforts to stop him.

30

Item: 142

Rationale: Non-accidental self-injury that has or can result

in serious self-injury or harm to self

Substance Use



SEVERE

Severe disruption or incapacitation



MODERATE

Major or persistent disruption



MILD

Significant problems or distress



MINIMAL/NO

No disruption in functioning

Behaviors to Assess

- Use of substances
- Does not disrupt normal functioning
- Frequency of use
- Amount of negative consequences

Expectations: Substance Use

No Negative Effects or Risk-Taking

Frequency/Amount of Usage

Does not engage in substance use that is maladaptive, inappropriate &/or disruptive to normal functioning

No usage or only occasional use with no negative consequences (i.e., no intoxication or getting high)

Considerations for Rating Substance Use

Drug use is illegal & typically covert.

Rate suspected use or if friends change to users.

If you feel uncomfortable doing this, endorse item & write "suspected because..." under "Exception."

Rationale: Treatment is different if co-occurring substance use is present.

Scale is arranged such that youths who are 12 years or younger have lower thresholds to qualify as impaired [see ------ line].

Do's and Don'ts: Substance Use

Do not rate:

Sanctioned religious or cultural use (e.g., it's okay for an alter boy to have wine at communion – but it's not okay for him to sneak drinks of communion wine after church)

Tobacco use on this scale (rationale: not a mind-altering drug in the same way other substances are). You can rate it on other scales (i.e., School, Home, Community, etc.)

Do rate use of:

Alcohol

Street drugs

Inhalants (gasoline, glue, paint thinners, spray paints)

Misuse of prescription drugs

Misuse of over-the-counter drugs



Definitions: Substance Use

Intoxication: Signs shortly after alcohol use: slurred speech, lack of coordination, unsteady gait, impairment in attention or memory, impaired judgment, inappropriate mood lability

"High": Assume all non-alcoholic drug usage results in getting high

Negative Effects & Risk-Taking

30

Serious negative consequences related to substance usage:

- 156 School: failing or expelled
- 156 School: failing classes
- 157 Work: fired or <u>lost</u> job
- 159 <u>Doing illegal acts</u> while under influence
- 159 Driving while under the influence
- 159 Health-related: Injured
- 159 Health-related: In accident
- 159 Physical health problems (includes any inhalant use)
- 159 Victimized. EX: raped

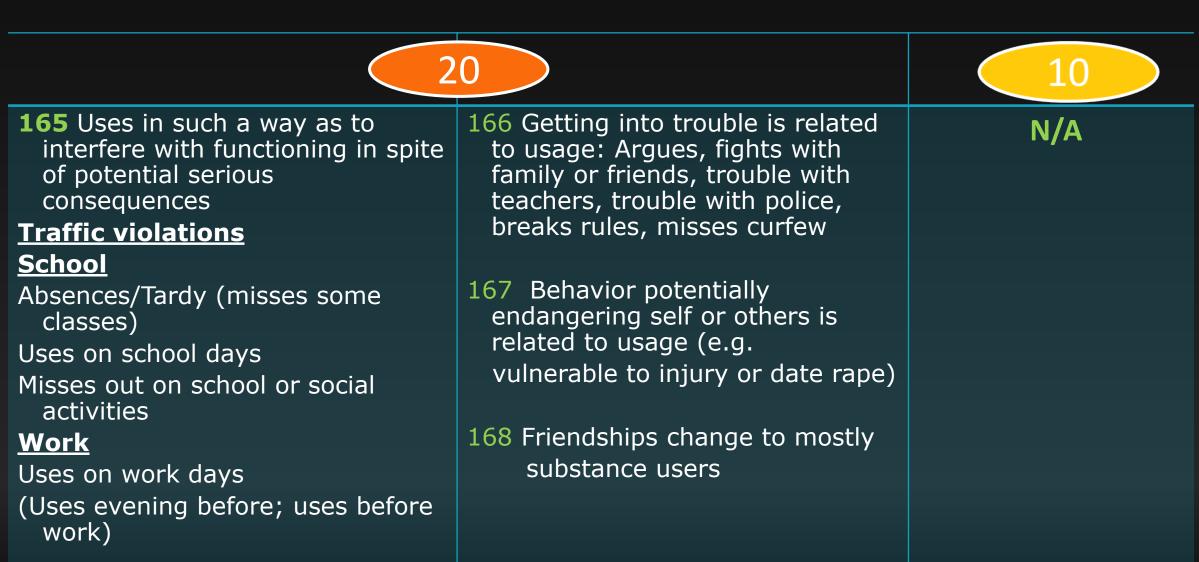
Potential serious consequences to offspring:

- 160 Is pregnant or is a parent & is a drug user
- **161** Is pregnant or is a parent & gets drunk or uses alcohol <u>routinely</u>

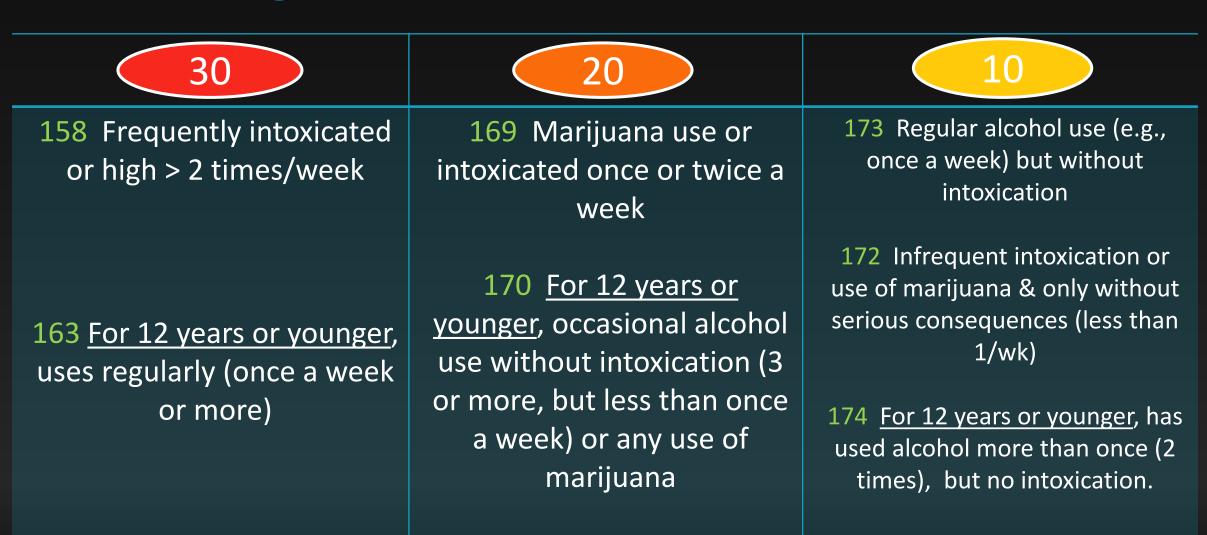
Score as an EXCEPTION:

Any use of "hard" drugs, such as crack, cocaine, PCP, opioids/narcotics (e.g., heroin, oxycodone, or other misused prescription narcotics), during rating period qualify for "30" score

Negative Effects & Risk-Taking (Continued)



Frequency/Amount of Use



Uses marijuana on a daily basis, age 15.

30

Item: 158

Rationale: Uses more than 2 times a week.

Mother says 14 year old daughter started going to parties on Friday and Saturday night where there is drinking, and then started having more problems getting along with teachers. Mother suspects that her daughter is drinking at these parties.

20

Item: 166

Rationale: Getting into trouble with teachers related to (suspected) use.

During the rating period, 16 year drank a small amount of alcohol (didn't get drunk) two times with peers.

0

Item: 179

Rationale: Use of substances & only without serious consequences.

14-year-old male lives with father, but tries to arrange his visitation schedule with his mother (who smokes marijuana and drinks on weekends) so he can be at her house every weekend. Loves to spend time with a male cousin who is 14 years old and is frequently in and out of the detention center. Brags to his friends about drinking beer and liquor when at his mother's house. Does not follow directions when he returns home to his father's house. Easily agitated and angry frequently.

30

Item: 154

Rationale: Lifestyle choices focused on acquisition and use.

12 year old used to have friends at church and in Scouts. Reportedly "hangs out" now with a group of youths who often drink and party.

20

Item: 168

Rationale: Friendships changed to substance abusers.

10 year old sniffs inhalants.

30

Item: 164

Rationale: Inhalants should be scored as "exception" and then the details of use (what kind of inhalant, how may times) entered in "explanation". Can also be scored as 159 because of the physical health damage inherent in their use.

16 year old goes to a party every Saturday night and drinks no more than one beer.

10

Item: 173

Rationale: Regular (once a week) usage without intoxication.

13-year-old female who has in the past made mostly A's (some B's). Now she is failing all of her classes. She is increasingly irritated and argumentative. She has a new friend that the parents don't like, because they suspect drug usage. Parents strongly suspect that their daughter is now using drugs.

30

Item: 156

Rationale: Use of substances associated with failing grades.

Since moving to a new neighborhood, friends are mostly drug users.

20

Item: 168

Rationale: Friends are mostly drug users.

15 year old got drunk once and missed curfew, causing big problems with parents.

20

Item: 166

Rationale: Got into trouble with parents associated with substance use.

Thinking/Communication



SEVERE

Severe disruption or incapacitation



MODERATE

Major or persistent disruption



MILD

Significant problems or distress



MINIMAL/NO

No disruption in functioning

Behaviors to Assess

- Purposeful behavior
- Coherent communication
- Perceptions based in reality

Logical thought processes

(for age)

• Not bizarre in thought or action

Subscale Structure

Many of the impairments assessed by this subscale are symptoms of diagnoses that may be managed across a life-time (e.g. autism, schizophrenia, bipolar disorder). To guide taking a fresh look each rating period at how much impairment these symptoms have caused for the youth, the additional severity level criteria must be met for an item to be endorsed.

30

SEVERE

Severe disruption or incapacitation as evidenced by:

- Cannot attend a normal school OR
 - Does not have normal peer interactions

OR

 Cannot interact adequately in the community



MODERATE

Major or persistent disruption as evidenced by:

- Frequent problematic behavior or difficulty in interaction with others OR
- Specialized setting or supervision needed



MILD

Significant problems or distress as evidenced by:

 Occasional problematic behavior

OR

• Difficulty in interactions with others

Expectations: Thinking

Communications

Communications are logical & coherent

Cognitions

Cognitions (thinking) are based in reality

Perceptions

Perceptions (i.e., what you see, hear, feel, smell, taste) are based in reality

Orientation & Memory

Level of awareness & memory are not grossly impaired for age



Thinking: Impairment Requirements

(Necessary but not sufficient)



20

10

All three required:
Cannot attend a normal school classroom

Frequent difficulty in communication or behavior, OR

Occasional difficulty in communications, in behavior, or

Does not have normal friendships, and

Specialized setting or supervision needed due to any of the following:

In interactions with others due to any of the following:

Cannot interact adequately in the community [EX: not able to buy candy bar] due to any of the following:

(Subscale Items then follow)

Disorder	Which functions may be impaired? (Always refer to youth's behavior, not diagnosis)
Schizophreniform	Communication, Perceptions, Cognitions
Schizoaffective	Perceptions (hallucinations), Cognitions (delusions)
Schizotypical	Communication (vague, circumstantial), Perceptions (e.g. bodily illusions) Cognitions (e.g. suspiciousness, odd beliefs, odd preoccupations or fantasies)
Manic Episode	Communication (i.e. flight of ideas) Mood – congruent delusions or hallucinations (e.g. inflated worth, power, knowledge or special relationship to famous person)
Anorexia	Cognitions: Body dysmorphic – person sees self as overweight even when he or she are not; an exaggeration of sense of self Preoccupied with thoughts of food
Autism	Communication & use of language, orientation
Brief Psychotic Disorder	Communication, Perceptions, Cognitions

Disorder	Which functions may be impaired? (Always refer to youth's behavior, not diagnosis)
Obsessive-Compulsive Disorder	Cognitions (obsessions, compulsions)
Post-Traumatic Stress Disorder	Cognitions (e.g., recurrent & intrusive distressing recollections) Perceptions (hallucinations, dissociative flashback)
Psychotic Disorder Due to Medical Condition	Perceptions, Cognitions (due to neurological, endocrine, metabolic disorders, etc.)
Dementia Due to Serious Medical Condition	Memory impairment (e.g., due to head trauma)

Definitions for Unusual Communications

Echolalia: repeating words of others in a meaningless fashion

Flight of Ideas: a nearly continuous flow of accelerated speech with changes from topic to topic

Incoherence: lack of logical or meaningful connection between words, phrases, sentences

excessive use of incomplete sentences

excessive irrelevancies or abrupt changes in subject matter

idiosyncratic word usage

Loosening of associations: characterized by ideas that shift from one subject to another. An idea is unrelated or only obliquely related to the first, without the speaker showing any awareness that the topics are unconnected.

Odd Communications

30

182 Communications which are impossible or extremely difficult to understand due to incoherent thought or language (loosening of associations, flight of ideas)

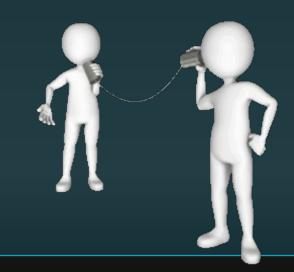
183 Speech or nonverbal behavior is extremely odd & is non-communicative (echolalia, idiosyncratic language).

20

187 Communications do not "flow," are irrelevant, or are disorganized (i.e., more than other children of the same age)

10

193 Eccentric or odd speech (e.g., impoverished, digressive, vague)



Definitions for Faulty Sensory Perceptions

Hallucinations: sensory perceptions that occur without external stimulation of the relevant sensory organ

Experience of hearing or seeing things which are not there

"Non-pathological" hallucinations = unlikely to have bad "course" in future. Includes unusual sensory experiences such as seeing things before falling asleep or upon awakening from sleep

Do *not* rate if hallucinations are:

Clearly the acute physiological effects of substance ingestion

Due to physical illness

Related to religious or cultural beliefs (e.g. common belief of family is to be "looked after" by deceased relatives)

During sleep (i.e., dreaming)

Definitions for Thinking Problems: Faulty Sensory Perceptions

Other problems related to faulty perceptions

Depersonalization: an alteration in the perception or experience of oneself so that one feels as if one is an outside observer of oneself (e.g., feels like one is in a dream)

Derealization: an alteration in the perception or experience of the external world so that it seems strange or unusual (e.g., people seem mechanical)

Dissociation: disruption in the usually integrated functions of consciousness, memory, identity or perception of environment.

Apparent Faulty Sensory Perceptions

30

184 Strange or bizarre behavior indicating an inability to distinguish fantasy from reality

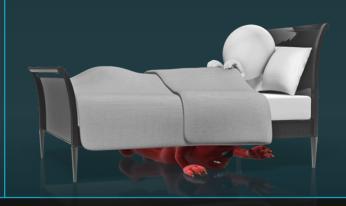


189 Apparent intermittent hallucinations that interfere with normal functioning



196 Unusual perceptual experiences that are not pathological hallucinations. EX: sees wolves before going to sleep but knows they are not real





Definitions for Faulty Cognitions

Do *not* endorse unless cognitions are "out of touch" with reality – bizarre, strange or very odd

Delusions: false personal beliefs based on incorrect conclusions about external reality.

Firmly held in spite of what almost everyone else believes & in spite of what appears to be obvious proof to the contrary.

The belief is not one ordinarily accepted by other members of the youth's culture or subculture (e.g., it is not an article of religious faith).

Definitions for Faulty Cognitions (Continued)

Obsessions: recurrent & persistent ideas, thoughts, impulses or images that are:

Experienced, at least initially, as intrusive & senseless. EX: having repeated impulses to kill a loved one; a religious person having recurrent blasphemous thoughts

The person attempts to ignore or suppress such thoughts or impulses or to neutralize them with some other thought or action.

The person recognizes that the obsessions are the product of his or her own mind

Cause marked distress, are time-consuming (take more than an hour a day)

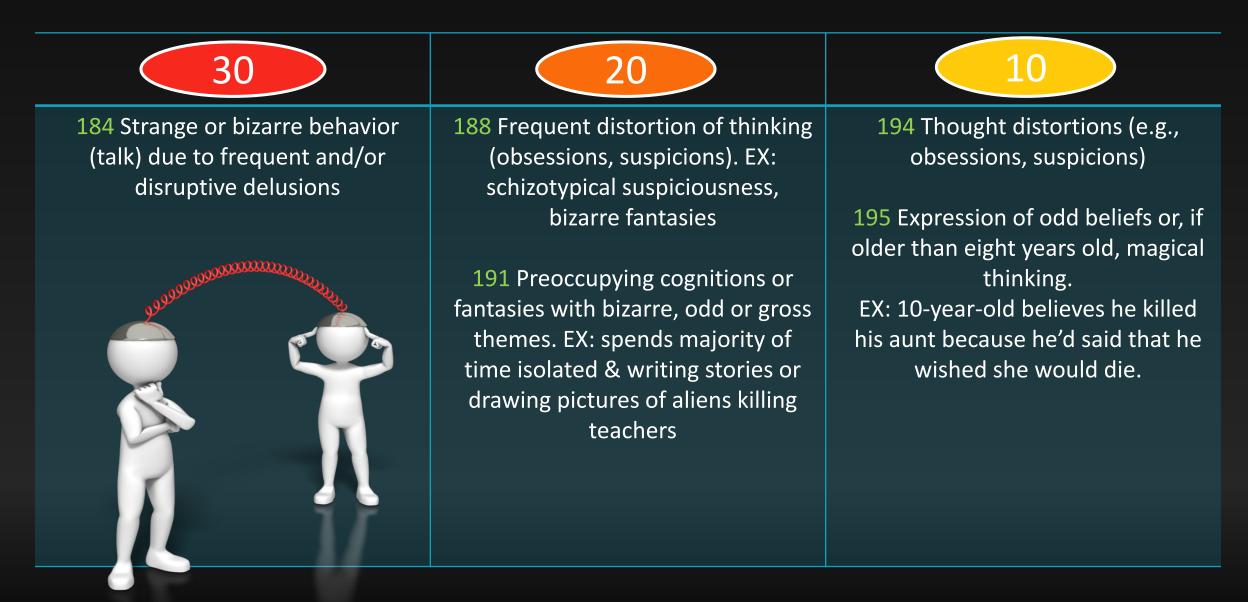
Compulsions: repetitive behaviors (e.g., hand washing) or mental acts (e.g., repeating words) that person feels driven to perform in response to an obsession.

Definitions for Faulty Cognitions (Continued)

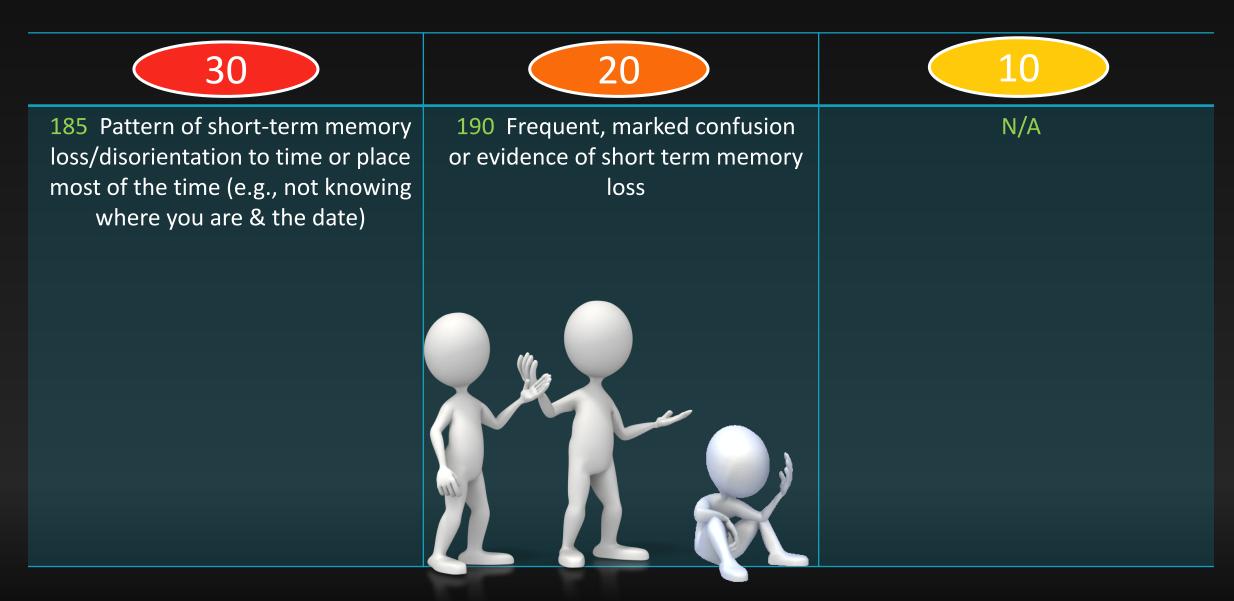
Suspicions: a distortion of reality, unfounded given the youth's current circumstances, or the youth shows a consistent bias of being suspicious that negatively affect relationships.

Magical Thinking: the belief that thoughts, words or actions can cause or prevent an outcome in some way that defies the normal laws of cause & effect. (Note: This only applies to children who are 8 years old or older.)

Faulty Cognitions



Orientation & Memory Loss



Because of the severity of her psychotic symptoms, which include command hallucinations, she does not attend school, has no friends and is not allowed out in the community alone.

30

Item: 184

Rationale: Hallucinations; does not attend school; does not have friends; unable to be in community.

May be Bipolar. Talks so grandiose about himself (i.e. refers to ideas that are clearly impossible) that other kids really wonder about him. (Note- he has friends)

20

Item: 187

Rationale: Grandiosity is often experienced by others as irrelevant (187), could be considered as distortion (188), or a preoccupying cognition (191).

Since being in a car accident, he has been in a rehab facility and has trouble knowing where he is and doesn't recognize faces.

30

Item: 185

Rationale: Memory loss/disorientation.

Teacher reports that youth's preoccupation with death and gross images, as reflected in essays and artwork, is much more than is typical for kids his age. Referred to counselor for these concerns.

20

Item: 191

Rationale: Preoccupation with death and gross images.

Since becoming depressed, preoccupied with thoughts of committing suicide.

0

Item: 198

Rationale: Suicidal thoughts are not "irrational" when depressed.

Frequently this 9 year-old has tangential thinking that is noticeably different from other kids his age and is readily apparent to others.

20

Item: 187

Rationale: Communications do not flow – more than

other kids.

10-year-old is afraid that if he has negative thoughts about his step dad, they might cause something bad to happen to his step dad. This results in him acting awkward around his stepdad and mom sometimes.

10

Item: 195

Rationale: Magical thinking – over 8.

7-year-old child with autism who is mostly mute, and when he does talk, he is unintelligible.

30

Item: 183

Rationale: Speech is odd/non-communicative.

Blames everyone else for behaviors. Does not take responsibility at all.

0

Item: 198

Rationale: Lacking responsibility is not scored under

Thinking.

Blames everyone else for behaviors. Does not take responsibility at all.

0

Item: 198

Rationale: Lacking responsibility is not scored under

Thinking.

Caregiver: Material Needs

30

SEVERE

Severe disruption or incapacitation

20

MODERATE

Major or persistent disruption

10

MILD

Significant problems or distress

0

MINIMAL/NO

No disruption in functioning

Assess access to:

- Stable housing
- Balanced nutrition
- Appropriate clothing

- Medical care
- Neighborhood safety

Separate but identical scales for:



Primary Family

Parent(s) who is rearing the child or with whom the child lives most of the time (e.g., biological parent, adoptive parent, grandmother)
Where the child was before treatment and where the child will return. If more than one parent in the home, rate greater level of impairment.



Non-custodial Caregiver

Parent(s) who has a psychological impact on the child yet is non-custodial or is not living in the same home as the child



Surrogate Family

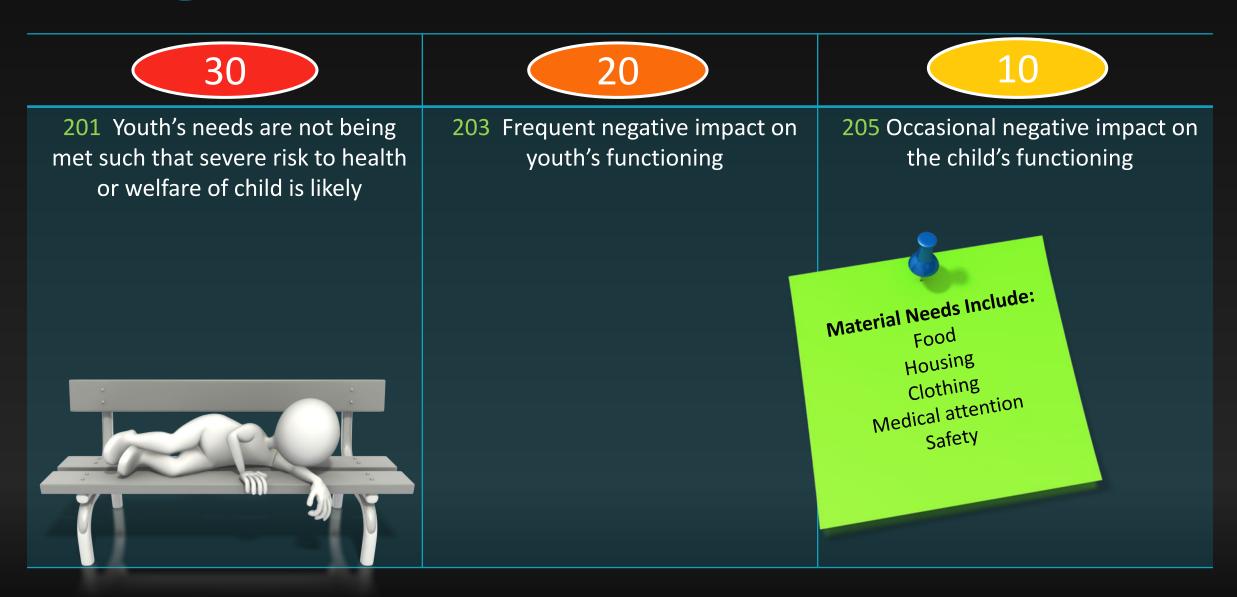
Person(s) substituting as parent(s), such as foster parent(s)

Considerations: Caregiver Material Needs

- Lack of material needs must negatively impact youth's functioning to be rated.
- Even in low income bracket, parent may be able to use community and family resources to meet basic needs of child.
- Needs may not be met because of problems other than poverty (e.g., parent buys alcohol rather than food).
- Safety issues related to sexual or physical abuse are not rated here.
- Basic material needs include:
 - Food (i.e. balanced diet)
 - Housing (i.e. a home that is free from major safety hazards, provides adequate privacy)
 - Clothing (i.e. appropriate for the weather)
 - Medical attention (i.e. immunizations, care when sick)
 - Safety (i.e. live in a neighborhood that is reasonably safe; street violence and drug dealing are not immediately present or common)



Caregiver: Material Needs



Caregiver: Family/Social Support



SEVERE

Severe disruption or incapacitation



MODERATE

Major or persistent disruption



MILD

Significant problems or distress



MINIMAL/NO

No disruption in functioning

Assess access to:

- Nurturance
- Guidance
- Supervision

- Protection from harm
- Skill development
- Problem-solving communication

Preamble - Caregiver Family/Social Support

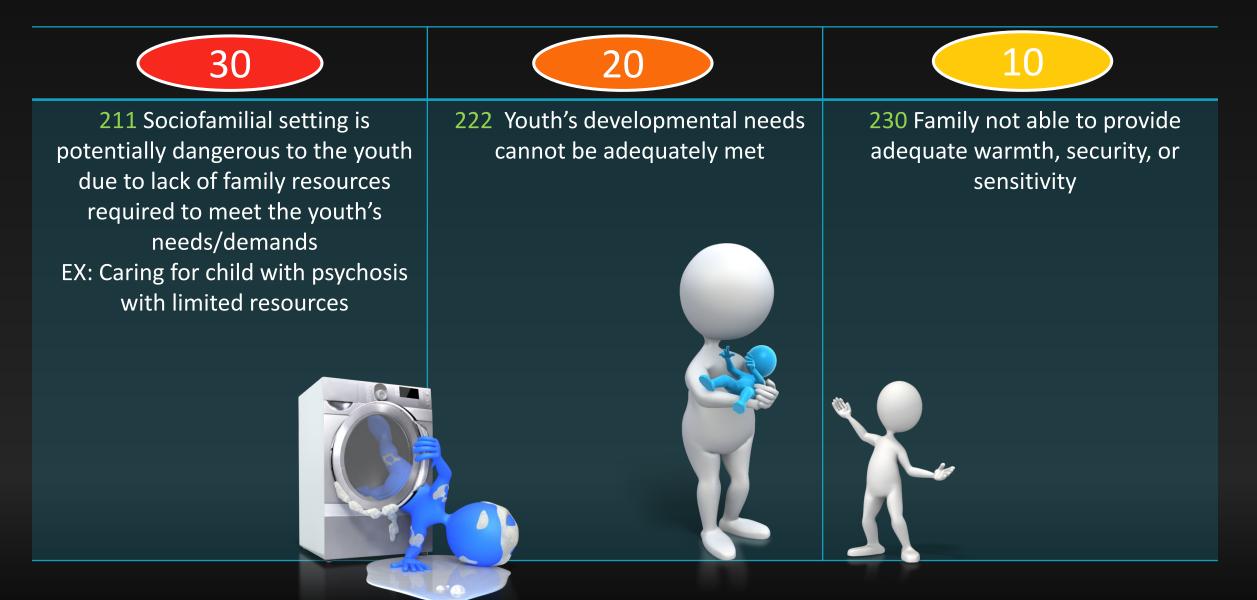
Impairment in caregiver's ability to provide a safe, secure, and healthy home environment in which the youth's developmental needs can be met.

Developmental needs are youth's need to receive guidance and support relative to their unique needs in areas of:

- Regulation of impulses (appropriate limits, supervision, understanding and managing feelings)
- Social (getting along with others, developing friendships)
- Emotional (nurturance, unconditional positive regard)
- Academic/educational development
- Life skills



Developmental Support



Parental Judgment and Functioning

30

212 Gross impairment in parental judgment or functioning.

EX: Psychosis, substance abuse, severe personality disorder, severe intellectual disability

220 Caregiver is openly involved in unlawful behavior or contributes to or approves of child being potentially involved in unlawful behavior

20

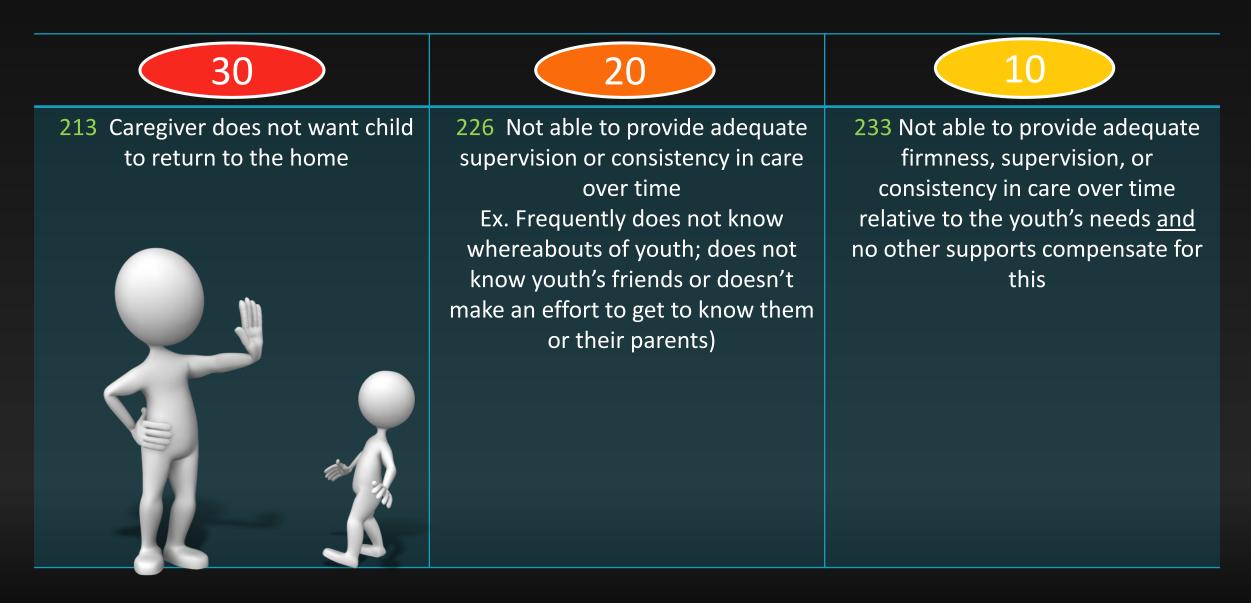
223 Marked impairment in parental judgment or functioning. EX: emotional instability, psychiatric illness, substance use, physical illness

10

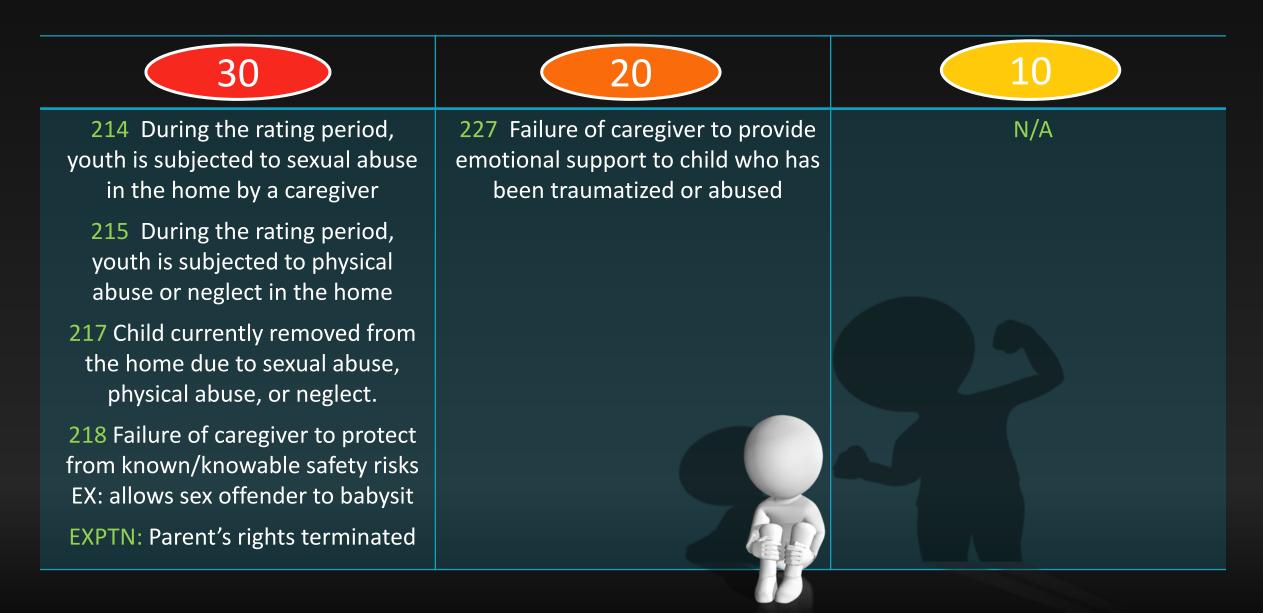
N/A



Supervised Home



Safe Home Environment



Family Violence or Conflict Management

30

213 Frankly hostile, rejecting to child

219 Severe or frequent domestic violence



20

228 Domestic violence or serious threat of domestic violence

224 Conflict is pervasive (across areas) and continual (chronic) EX: hostility, tensions, scapegoating

225 Family members are insensitive, angry, and/or resentful to the child



231 Frequent family arguments and/or misunderstandings resulting in bad feelings

232 Family relations are characterized by poor problem solving, poor communication, or emotional insensitivity

The Reliability Test: Vignettes

- Rate behavior in vignettes; not the "clinical summary" in your head.
- Start with severe level of impairment. Do not "jump" to a true item which is the incorrect answer because it is not the most severe, true item about the Child.
- Rate every scale based on entire vignette, not just a "subsection" of the vignette.
- Rate the behavior if anyone reports it, and it is believable
- Read carefully. Try to avoid "fatigue errors."



The Test Instructions

- Time period to rate is the last three months. If there is no comment about time, assume behavior is current.
- Reliability based on subscale scores (30, 20, 10, 0) in left margin.
- Include item number from the subscale chosen
- Must write/type in a justification (not wording from CAFAS item).
- Please remain muted while in the "testing room" and you must have your video on <u>AT ALL TIMES</u>

Vignette Scoring

- If you need assistance or coaching please use the "raise your hand" function to get the attention of the moderator who will move you into the break-out room with your assigned trainer
- Each time you complete a vignette, use the "raise your hand"
 function or type in the chat if that function is not available to you
- Please be patient! Sometimes there will be a wait to be moved into a break out room
- Once you are done with all the vignettes, you will need to save the document and email it to morme1@dwihn.org to receive you certificate on DWC.

Where is My Certificate?

• On DWC (where you registered for this training) under "transcript", "Event Training Completion" tab

